

3084-2c

12.25" x 4.5"

60 oz White

Vitamin C is an essential antioxidant nutrient. It is necessary for the building of collagen, maintaining teeth and gum tissue health, and normal functioning of the body's natural defenses.*

Carlson Mild-C Crystals is pure calcium ascorbate, a buffered form of vitamin C. There is evidence that the acidity of the ascorbic acid form of vitamin C may irritate sensitive stomachs and may harm teeth. Calcium ascorbate is a non-acidic form of vitamin C that is mild in the stomach and gentle to the teeth.*

Mild-C Crystals is usually well-tolerated by food sensitive individuals as this product consists solely of high-quality calcium ascorbate - no free ascorbic acid is present.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product is sold by weight not volume.



Mild-C[®]

Vitamin C Crystals

DIETARY SUPPLEMENT

Supports Healthy Immune Function*

Net Wt. 35 oz (2.2 lb) (1000 g)

Supplement Facts

Serving Size 1/2 Teaspoonful (1 level green scoopful - 2 g)
Servings Per Container 500

	Amount Per 1/2 Teaspoonful	% Daily Value
Vitamin C (from calcium ascorbate)	1600 mg	2667%
Calcium (from calcium ascorbate)	180 mg	18%

Ingredient: Pure calcium ascorbate crystals.

Directions: Take one level 1/2 teaspoonful once or twice daily for dietary supplementation. Stir into juice or beverage. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **Citrus-free** ✓ **Preservative-free**

This container has been carefully filled by weight to contain 1000 grams, which is 1 kilogram or 35 ounces, and does not completely fill the container. This amount fills approximately 3/4 of the container.

POTENCY & QUALITY GUARANTEED

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An FDA Regulated Facility

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