

## **Supplement Facts**

4483-2b

Serving Size 1 Capsule

Amount I	Per Capsule	% DV
Vitamin C (ascorbic acid)	90 mg	150%
Thiamin (Vitamin B-1)(from thiamin HCI)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as niacinamide)	25 mg	125%
Vitamin B-6 (as pyridoxine HCI)	25 mg	1250%
Folate	200 mcg	50%
Vitamin B-12 (as cyanocobalamin)	50 mcg	833%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%
Magnesium (from Mg oxide and Mg citrate)	50 mg	13%
L-Theanine	100 mg	**
GABA (Gamma Aminobutyric Acid)	200 mg	**
** Daily Value (DV) not established.		

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, magnesium stearate (veg.), beef gelatin capsule.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease

## To Promote a Healthy Mood.\*

250cc

7.8125" x 2.875"

Mellow Mood™ is a multi-nutrient formula designed to promote calmness and mental clarity.\* It contains B vitamins, GABA and L-Theanine to help promote a healthy mood.\*

Directions: Adults take one capsule 1 to 3 times daily, at mealtime. Keep bottle tightly closed. Store away from heat and moisture. Humidity may cause a darker color.

> ✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

Warning: Do not take if you are pregnant or lactating. May cause drowsiness in some individuals. Keep out of reach of children.

## **POTENCY & QUALITY GUARANTEED**

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 888-234-5656 • 847-255-1600 • www.carlsonlabs.com

An FDA Regulated Facility



