

# DO NOT EXCEED RECOMMENDED DAILY DOSAGE NUTRACEUTICAL FACTS:

**PHYSIOLOGICAL BASIS:** "Reactive hyperemia" describes the increase in muscle blood flow that occurs during high-intensity resistance exercise and produces the "pump" associated with increases in muscle size. The NITRAFLEX® pre-training formula contains ingredients that in vitro, animal and clinical studies suggest possess properties that may help advanced athletes maximize energy, intensity, vascularity and reactive hyperemia (pumps) during their workouts, and provide long-term support of testosterone and nitric oxide levels in the healthy range when used as directed.\*†

## UNIQUE PROPERTIES OF SOME OF THE KEY COMPOUNDS IN NITRAFLEX:

■ **1-SCOOP SERVING\***: NITRAFLEX is so potent, only 1 scoop (1 serving) is necessary. Do not exceed 1 scoop in a single 24-hour period. Do not take NITRAFLEX within 5 hours of bedtime.

■ **HIGH CITRULLINE:ARGININE RATIO:** Arginine is a proven precursor to nitric oxide (NO), a vasodilator. What most people don't know is that arginine supplementation stimulates the activity of arginase, an enzyme that breaks down arginine. Over time, this may actually result in reduced arginine and NO levels, in turn causing your pre-workout formula to stop working. Research suggests that supplementing with a high ratio of citrulline to arginine may reduce this risk by avoiding overstimulation of arginase\*. †

■ **CFB HELPS SUPPORT TESTOSTERONE:** In a clinical study, calcium fructopyranose borate (CFB) was shown to increase total and free testosterone within 3 hours of a single dose equivalent to just over 2 scoops of Nitraflex.\*† A longer-term study reported an increase in free testosterone by up to 29%.†

■ **EFFECTIVE DOSE OF BETA-ALANINE\***: The clinically-proven performance enhancer beta-alanine was not "fairly dusted" in this formula. Rather, we added a powerful dose that you will feel working following your very first serving. (May promote slight, tingly-cerebral sensation).\*

■ **CREATINE-FREE:** Creatine causes water retention, which can make achieving a dry, hard muscular look even more difficult. Sometimes creatine is added to products precisely for this reason. We left it out of NITRAFLEX precisely for this reason. Thus making NITRAFLEX ideal for pre-contest prep and lean muscle physique.\*†

■ **COGNITIVE ENHANCERS\***: NITRAFLEX contains unique ratios of scientifically validated compounds that help you remain alert, intense and focused while you're flying from set to set with veins fully dilated and muscles pumped to the extreme. (DMAE)\*†

**Note:** One serving contains 325 MG Caffeine, 1500 MG of Carnosyn® Beta-Alanine, and a clinically researched dose of CFB (Calcium fructopyranose borate - US Patent #5,962,049)\*†

**INCREASE FREE  
TESTOSTERONE  
BY UP TO 29%\***

**FEEL YOUR POWER  
SURGING WITHIN  
MINUTES FROM  
1 SCOOP\*†**

**†SCIENTIFIC REFERENCES** 1. Romero MJ et al. (2006). Cardiovasc Drug Rev 24(3-4): 275. 2. Sureda A et al. (2009). Free Rad Res 43(9): 828. 3. Dr. Natasha Mijlkovic (MD) (2002). Study performed at the Department of Orthopedic Medicine, University of Novi Sad, Novi Sad, Yugoslavia. 4. Clinical study performed by VDF FutureCeuticals. 5. Study conducted by Dr. Patrick Jacobs (2012) Superior Performance Research.

**CLINICALLY  
TESTED†**  
in a Double-Blind Study!†

**Boost Bench  
Press Strength  
up to 10lbs in  
Just 2 Wks!†**

**GAT  
SPORT™**

**CREATINE FREE**

# NITRAFLEX®

## HYPEREMIA & TESTOSTERONE ENHANCING POWDER\*

Highly Concentrated 3X Strength  
Clinically-Studied CFB + Vasoactive Compounds\*†



**30 Servings**  
**Dietary Supplement**

Net Weight: 10.6oz. (300g)

**Fruit Punch**

Naturally and Artificially Flavored

**WARNING: DO NOT TAKE MORE THAN 1 SCOOP PER SERVING**  
**VASODILATION\* TESTOSTERONE\* REACTIVE HYPEREMIA (MUSCLE PUMPS)\* STRENGTH\* ENERGY\* HARDNESS\***

## Supplement Facts

Serving Size: 1 Scoop (10 grams)  
Servings Per Container: 30

|   | Amount Per Serving | %DV         |
|---|--------------------|-------------|
| <b>Niacin</b> (as nicotinic acid)   | <b>25 mg</b>       | <b>125%</b> |
| <b>NITRAFLEX PROPRIECEUTICAL BLEND</b>  | <b>7240 mg</b>     | <b>**</b>   |
| <b>Vasoactive Arginase-Regulating NO Precursor Complex</b>  |                    |             |
| Citrulline, Citrulline Malate, L-Arginine Malate, L-Arginine  |                    |             |
| Alpha-ketoglutarate, Resveratrol, Pterostilbene   |                    |             |
| <b>Acute Energy, Focus, Intensity, Neuromodulating, Endurance Complex</b>   |                    |             |
| Beta Alanine (as CarnoSyn®), Caffeine, DMAE Bitartrate, N-Acetyl-L-tyrosine, Theanine, Raulwolfia Canescens (Extract) |                    |             |
| <b>Clinically-Studied Testosterone-Enhancing Complex</b>  |                    |             |
| Calcium fructopyranose borate (CFB) US Patent #5,962,049  |                    |             |

**\*\*Daily Value not established**

**Other ingredients:** Pineapple Fruit Powder, Natural and Artificial flavors, Citric acid, Silicon Dioxide, Acesulfame Potassium, Sucralose, FD&C Red #40.

Beta-alanine is licensed under one or more US patents (#5,965,596; 6,426,361; 7,504,376; and 8,067,381) owned by Natural Alternatives International, Inc. (NAI). NAI also owns the registered trademark CarnoSyn®. Calcium fructopyranose borate is manufactured under US Patent #5,962,049 and licensed exclusively from VDF FutureCeuticals, Inc. Visit [www.TeamGAT.com](http://www.TeamGAT.com) for more information.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DO NOT USE IF NECK SEAL IS BROKEN OR MISSING.**  
**STORE IN A COOL DRY PLACE.**



MANUFACTURED  
IN THE USA



Manufactured for:  
GAT Sport  
578 Pepper Street  
Monroe, CT 06468

Comments or questions?  
Toll-Free  
1-888-811-4286  
or 1-203-880-5800

"I stand firmly behind our unconditional 30-day money-back guarantee on all our products. Stay strong!"

*Charles Moser*  
Charles Moser PRESIDENT & CEO

## RECOMMENDED DOSAGE

**Training days:** Day 1: Begin by assessing your tolerance with half a serving of NITRAFLEX® mixed with 6oz of cold water. Days 2 and beyond: Depending on tolerance, mix 1 serving (1 scoop) of NITRAFLEX® with 10oz of cold water and consume within 30 minutes before working out.

**Non-training days:** Take 1 serving (1 scoop) upon arising in the morning or before any physical activity. Do not take more than 1 serving in a single 24-hour period. Do not take within five hours of bedtime.

**Optional - Stack with PMP Stim-Free:** Take 1 serving of Nitraflex® with 1 scoop of PMP Stim Free Powder 30 minutes before training for even more dramatic effects. Visit [TeamGAT.com](http://TeamGAT.com) for product info.

## SPECIAL TIMES OF USE (TAKE 1 SERVING)

- Take before martial arts • Take before powerlifting meets • Take before long distance runs or intense cardio sessions • Take before any type of weight training
- Take before competitive sports • Take anytime extreme energy/focus is needed.

**WARNING:** This product is strictly intended for use by healthy persons 18 years of age or older. Each serving (1 scoop) contains 325 mg of caffeine. Do not combine with other caffeine or stimulant-containing products. Do not use if you are pregnant, nursing or trying to become pregnant. Do not use if you are currently unaware of your health status or if you have a medical condition including but not limited to heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are taking prescription or non-prescription medication of any kind including but not limited to MAO inhibitors, anti-depressants, aspirin or non-steroidal anti-inflammatory drugs. Do not use if you are prone to overheating or dehydration. After 8 weeks of use, take 1 week off before resuming use. Discontinue at least 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache or shortness of breath. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm. KEEP OUT OF THE REACH OF CHILDREN

**#COMPETE HARDER | TeamGAT.com**

**CarnoSyn™**  
Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn®.

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