

**INGREDIENTS:** Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Soluble Corn Fiber (Prebiotic Fiber), Almonds, Water, Apples, Natural Flavors, Erythritol, Palm Oil, Sea Salt, Cinnamon, Calcium Carbonate, Sucralose, Malic Acid.

**CONTAINS:** Almonds and Milk-Derived Ingredients.

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20g  
PROTEIN

ONLY 3g SUGAR

14g FIBER

GLUTEN FREE

**QUESTBAR**<sup>®</sup>  
PROTEIN BAR  
APPLE PIE  
FLAVOR

NET WT. 2.12 OZ (60g)

7G NET CARBS

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23g Carbs - 14g Fiber - 2g Erythritol = 7g Net Carbs

NO SUGAR  
ADDED

## Nutrition Facts

Serving Size: 1 Bar (60g)  
Calories: 190

Calories from Fat: 70

\*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 7g	11%	Total Carbohydrate 23g	8%
Saturated Fat 1g	5%	Dietary Fiber 14g	56%
Trans Fat 0g		Sugars 3g	
<b>Cholesterol</b> 5mg	<b>2%</b>	Erythritol 2g	
<b>Sodium</b> 210mg	<b>9%</b>	<b>Protein</b> 20g	<b>40%</b>
<b>Potassium</b> 40mg	<b>1%</b>		
Vitamin A 0%	•	Vitamin C 0%	•
Calcium 20%	•	Iron 4%	
Phosphorus 6%	•	Magnesium 0%	

