CONSUME CAFFEINE FROM OTHER SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE MAY CAUSE NERVOUSNESS, IRRITABILITY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. BETA-ALANINE AND NIACIN MAY CAUSE A HARMLESS, TEMPORARY TINGLING OR FLUSHING SENSATION.

Do not combine with alcohol. Do not exceed 2 scoops within 24 hours, consumed at least 4 hours apart. Consume as part of a healthy diet and exercise program, and drink at least 100 fl oz of water per day. Exercise may increase your need for additional fluid intake. Keep out of reach of children. Store in a cool, dry place away from direct sunlight.

DIRECTIONS: Mix 1 scoop with 4-6 fl oz of cold water and consume 20-30 minutes before training. Do not shake. Stir.

Approximately 275 mg of caffeine per serving.

Fuel your body with advanced ingredient technology to help push you past previous limits. N.O.-XPLODE® is scientifically engineered to support explosive energy, enhanced endurance, and maximum performance during your training.\*



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CarnoSyn

NEVER TRAIN WITHOUT IT!

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FIDISH FIRST.

## PRE-WORKOUT IGNITER 🗻













RED 40.

MANUFACTURED BY: Bio-Engineered Supplements & Nutrition, Inc., 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 USA 877.673.3727 www.goBSN.com



DIETARY SUPPLEMENT : NET WT 2.45 LB (1.11 KG)