

## REACH YOUR MAXIMUM HUMAN PERFORMANCE

Reach Your MHP with our exclusive Premium Series. Every product label tells you exactly what's in the bottle, so you know you're getting science-driven sports performance in every serving.\*

A new breed in pre-workout supplementation has arrived! Reckless is a fully-loaded, clinically dosed pre-workout formula that will forever change the way you work out. With Reckless you will experience a dramatic surge of energy, strength, pumps and power. Reckless features key ingredients shown to support mood and increase focus and concentration. Train and perform like never before with this delicious and refreshing pre-workout.\*

- ✓ elevATP™ – An Ancient Peat and Apple Extract Clinically Shown to Increase Muscle Energy (ATP), Resulting in Greater Strength, Performance and Hypertrophy.\*
- ✓ Spectra™ – A Potent, Clinically Tested Anti-Oxidant Blend that Works by Reducing Free Radicals and Dramatically Boosting Nitric Oxide.\*
- ✓ NeuroFactor™ – A Coffee Fruit Extract, Which Increases an Amazing Neuroprotein Called Brain Derived Neurotropic Factor (BDNF), Which May Help Support Enhanced Mood, Reaction Time and Even Skill Development.\*
- ✓ TeaCrine® – A Non-Habituating Tea Extract that Helps Support Mood, Energy and Focus Without the Jitters or Energy Crash.\*
- ✓ Caffeine and L-Theanine – This Synergistic Combination Potently Delivers Focus, Concentration and Energy.\*

Keep out of reach of children.  
Store at 10-30°C (50-86°F).  
Protect from heat, light and moisture.  
Do not purchase if seal is broken.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CAUTION:** Contains 195 mg. caffeine. Caffeine intake is not advisable in cases of high blood pressure, heart problems, pregnancy or nursing. Limit the use of caffeine-containing medications, foods or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat. Do not exceed recommended dose. For adult use only.



OFFICIAL  
**MP**  
PRODUCT



DRIVEN BY  
**MP**  
SCIENCE



**TEACRINE**

**CarnoSyn**  
Carnosine Synthesizer

**elevATP**  
STRENGTH. POWER. PERFORMANCE.

TeaCrine® is a registered trademark and protected by Patents Pending, Serial No. 61/903,362; under exclusive global distribution by Compound Solutions Inc. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®. NeuroFactor™, elevATP™ and Spectra™ are trademarks of VDF FutureCeuticals Inc. Sensoril is a trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 & 7,318,938. BioPerine® is a registered trademark of Sabinsa Corp® Patent NO. 5,536,506.

P R E M I U M S E R I E S

# MHP™

MAXIMUM HUMAN PERFORMANCE

# RECKLESS

THE NEW CLASS OF PRE-WORKOUT\*

**BLUE SLUSHY**

NATURALLY & ARTIFICIALLY FLAVORED

Dietary Supplement  
Net Wt. 5.15 oz. (146g)



**DIRECTIONS:** Take one serving (one scoop) of reckless mixed in 6-8 oz. of cold water 20-30 minutes before training. If you are seeking an additional energy boost after tolerance has been assessed, take two servings (two scoops) of reckless mixed in 12-16 oz. of cold water and drink 20-30 minutes before training. DO NOT EXCEED TWO SCOOPS PER DAY.

## Supplement Facts

Serving Size: 1 scoop (4.87 g)

Servings Per Container: 30

	Amount Per Serving	% Daily Value†
Calories	0	
Total Carbohydrate	0 g	0%
Sugars	0 g	‡
Niacin (As Niacinamide)	9 mg	45%
Folate	75 mcg	19%
<b>Intense Energy, Focus &amp; Concentration Activators (Total Caffeine: 195 mg)</b>	<b>488 mg</b>	<b>‡</b>
Yerba Mate (leaf) ( <i>Ilex paraguariensis</i> ) (4:1 ext) (30% natural caffeine, 20% Theophylline)	150 mg (45 mg caffeine)	
Caffeine Anhydrous	150 mg	
Sensoril® Ashwagandha ( <i>Withania somnifera</i> ) root and leaf (10% <i>Withanolides</i> )	63 mg	
NeuroFactor™ (Whole coffee ( <i>Coffea arabica</i> ) fruit extract)	50 mg	
L-Theanine	50 mg	
Theacrine (as TeaCrine®)	25 mg	
<b>Elite Strength, Power &amp; Endurance Complex</b>	<b>2125 mg</b>	<b>‡</b>
Beta-alanine (As CarnoSyn®)	800 mg	
Creatine Monohydrate	750 mg	

	Amount Per Serving	% Daily Value†
Creatine-HCl	250 mg	
Creatine-AAB (Alpha Amino-Butyrate)	250 mg	
elevATP® (ancient peat and apple fruit extract) (from <i>Malus domestica</i> )	75 mg	
<b>Legendary Muscle Pump Matrix</b>	<b>652.5 mg</b>	<b>‡</b>
L-Citrulline	500 mg	
L-Norvaline	100 mg	
Spectra™ (Consisting of green coffee extract, green tea extract, broccoli sprout concentrate, onion extract, apple extract, acerola extract, camu camu concentrate, quercetin, tomato concentrate, broccoli concentrate, acai concentrate, basil concentrate, cinnamon concentrate, garlic concentrate, oregano concentrate, turmeric concentrate, carrot concentrate, elderberry concentrate, mangosteen concentrate, blackberry concentrate, blackcurrant extract, blueberry extract, chokeberry concentrate, raspberry concentrate, sweet cherry concentrate, spinach concentrate, kale concentrate, bilberry extract, brussel sprout concentrate)	50 mg	
BioPerine® (Black pepper ( <i>Piper nigrum</i> ) fruit extract)	2.5 mg	

† Percent Daily Values are based on a 2,000 calorie diet.  
‡ Daily Value not established.

**Other Ingredients:** Natural and Artificial Flavors, Citric Acid, Silicon Dioxide, Sucralose, and Blue #1.

**REACHYOURMHP.COM**

Manufactured for and Distributed by: Maximum Human Performance, LLC, West Caldwell, NJ 07006 • 1-888-783-8844