

**Nutrition Facts**Serving Size 1 Bag (32g)  
Servings Per Container 8

Amount per serving		% Daily Value*	
<b>Calories</b> 140	Calories from Fat 35		
<b>Total Fat</b> 4g		<b>6%</b>	
Saturated Fat 0.5g		<b>3%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 10mg		<b>3%</b>	
<b>Sodium</b> 270mg		<b>11%</b>	
<b>Total Carbohydrate</b> 5g		<b>2%</b>	
Dietary Fiber 1g		<b>4%</b>	
Sugars <1g			
<b>Protein</b> 21g		<b>42%</b>	
Vitamin A 0%	Vitamin C 0%		
Calcium 20%	Iron 2%		

\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4**INGREDIENTS:** PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), HIGH OLEIC SUNFLOWER OIL, CALCIUM CASEINATE, CORN STARCH, NATURAL FLAVORS, PSYLLIUM HUSK. CONTAINS LESS THAN 2% OF THE FOLLOWING: SOUR CREAM, ONION POWDER, GARLIC POWDER, SPICE, SALT, YEAST EXTRACT, CALCIUM CARBONATE, SUNFLOWER LECITHIN.**CONTAINS: MILK**  
PROCESSED IN A FACILITY THAT ALSO PROCESSES SOY AND WHEAT.DISTRIBUTED BY QUEST NUTRITION, LLC  
EL SEGUNDO, CA 90245 • 888-212-0601  
QUESTNUTRITION.COM

MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.

**QUEST NUTRITION**  
IS ON A MISSION TO MAKE THE  
FOODS YOU CRAVE**WORK FOR YOU**  
NOT AGAINST YOUThat's why we only use complete  
dairy-based proteins to provide your body  
with all nine of the essential amino acids it  
needs. Our custom-made protein chips are  
seasoned and baked to make every bite  
as delicious as your cravings.**NO ADDED SOY**  
**INGREDIENTS****BAKED**  
**NEVER FRIED****GLUTEN**  
**FREE****\*5g Carbs - 1g Fiber = 4g Net Carbs****#ONAQUEST**  
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ORIGINAL STYLE  
**PROTEIN CHIPS****ORIGINAL STYLE**  
**PROTEIN**  
**CHIPS****SOUR CREAM & ONION**  
FLAVORED WITH OTHER NATURAL FLAVORS

Notice: For weight reduction, use only as directed with a prescribed diet plan. Do not use in diets supplying less than 400 calories per day without medical supervision.

**21g**  
**PROTEIN****4g**  
**NET CARBS\***

PER SERVING

**8**  
**BAGS****8 - 1.1 OZ (32g) Bags**  
**NET WT 9 OZ (256g)**Certified  
**GF**  
Gluten-Free

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