

USAGE: Take 1/4 teaspoon (600 mg), preferably dissolved in fluid or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Inositol is readily absorbed and used to produce the active inositides as necessary.* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication, (e.g., transmission of nerve impulses).* Tissues that are affected include the brain, liver and muscles.* Inositol (a.k.a., myoinositol) is an indirect source of glucuronic acid, which is essential to liver detoxification.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

Jarrow
FORMULAS®

Pharmaceutical Grade Inositol

Inositol

**Supports Liver Function*
and Cellular Detoxification***

NET WEIGHT

**8 OZ (227 g)
POWDER**

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1/4 Teaspoon (600 mg)
Servings Per Container Approx. 378

	Amount Per Serving	% DV
Inositol (a.k.a., Myoinositol)	600 mg	†

† Daily Value not established.

Ingredient: Pharmaceutical grade Inositol.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place. DO NOT refrigerate.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.

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