Supplement Facts

Serving Size 1 capsule

Amount per 1 Capsule	% Dail	y Value*
Vitamin B1 (Thiamine HCL)	2.5 mg	162%
L-Carnitine (Fumerate)	500 mg	**
Methionine	25 mg	**

^{*}Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established

Other ingredients: Gelatin, Vegetable Cellulose, Dicalcium Phosphate, Silica, Titanium Dioxide, Magnesium Silicate.





Recommended Use: As an adult dietary supplement, take 1-2 capsules daily, preferably with a meal.

WARNING: For adult use only. Not for use by children, teenagers, pregnant or lactating women. If you are under medical supervision, consult with your physician before taking product.

KEEP OUT OF REACH OF CHILDREN.

Storage Conditions: Store at room temperature 59°F - 86°F (15°C - 30°C).

This product does not contain corn, yeast, wheat, soy, dairy, artificial flavors, artificial colors, or preservatives.

Distributed by: Dymatize Enterprises, LLC 13737 N Stemmons FWY, Dallas, TX 75234 USA (888) 334-LEAN or (972) 732-1990



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