Garden of Life

We source clean, pure ingredients from organic family farms to bring you the best nutritional products in the world.

- 15g of complete protein
- Smooth, with no gritty texture
- Tasty and flavorful
- Live probiotics and enzymes
- Gluten Free, with no allergenic ingredients like soy, wheat and dairy

Super SMOOTH and delicious, our family friendly **Grain Free** **Organic Plant Protein** is packed with energy-giving protein and wholesome fiber.

TYPICAL AMINO ACID PROFILE

Alanine	710mg	Lysine*	1215mg
Arginine	1445mg	Methionine*	180mg
Aspartic acid	1910mg	Phenylalanine*	925mg
Cysteine	140mg	Proline	700mg
Glutamic acid	2830mg	Serine	740mg
Glycine	680mg	Threonine*	585mg
Histidine	400mg	Tryptophan*	160mg
Isoleucine*~	790mg	Tyrosine	605mg
Leucine*~	1435mg	Valine*~	850mg

* Essential Amino Acids ~Branched Chain Amino Acids

OPPC278B-020315

DIRECTIONS: Mix 1 level scoop in 8 ounces of water (scoop included). Delicious with unsweetened almond or rice milk.

Nutrition Facts

Serving Size 1 Scoop (28g)
Servings Per Container Approximately 10

Amount Per Serving

Calories 110	Calories from Fat 20	
		% Daily Value*
Total Fat 2.5g		4%
Trans Fat 0g		
Polyunsaturated Fat 1g		
Monounsaturated Fat 1g		
Saturated Fat 0g		
Sodium 180mg		8%
Potassium 140mg		4%
Total Carbohydrate 6g		2%
Dietary Fiber 3g		12%
Soluble Fiber 1g		
Insoluble Fiber 2g		
Sugars 1.5g		
Protein 15g		30%

Calcium	4%	Iron	30%
Vitamin E	2%	Vitamin K	8%
Thiamin	4%	Riboflavin	2%
Niacin	2%	Vitamin B6	2%
Folate	4%	Vitamin B12	10%
Biotin	2%	Phosphorus	20%
Magnesium	10%	Zinc	10%
Selenium	40%	Copper	20%
Manganese	35%	Chromium	6%
Molybdenum 70%			

Not a significant source of Vitamins A or C.

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Certified Organic Plant Protein Blend: [Organic Pea (seed), Organic Flax (seed), Organic Cranberry (seed), Organic Baobab (fruit), Organic Moringa (leaf), Organic Chia (seed), Organic Pumpkin (seed)], Organic Cacao, Organic Flavors (Chocolate & Vanilla), Organic Stevia Extract (leaf), **RAW Enzyme Blend:** (Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase), Organic Cinnamon, Sea Salt, **RAW Probiotic Blend:** [*Lactobacillus plantarum*, *Lactobacillus bulgaricus*] 1 Billion CFU

Store in a cool, dry place. Do not use if seal is damaged or missing. Packaged by weight, not volume. Settling may occur.

Contains No dairy, soy, tree nuts, added sugars, filler ingredients, artificial flavorings, colors, sweeteners or preservatives.

Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Certified Organic by QCS
www.gardenoflife.com
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Garden of Life

ORGANIC PLANT PROTEIN

GRAIN FREE

USDA ORGANIC

NON GMO Project VERIFIED nonGMOproject.org

SMOOTH CHOCOLATE

Net Wt. 9.8 oz (278 g)