Directions: For a powerful, naturally tart beverage add 1 teaspoon or more of Hearty-Hibiscus Flower Tea to a cup of hot water. Drink hot or cold. Drink cold for an ideal cooling beverage for hot weather. With whole food infusions you get all the nutrients plus the fiber—no teabags, no waste.

Hearty-Hibiscus Flower Tea is made from carefully crushed Mediterranean wild hibiscus flowers. This exotic infusion is teeming with flavonoids for better health. Hearty-Hibiscus is an excellent source of manganese and iron. It is also exceedingly high in a wide range of flavonoids, polyphenols, and anthocyanins. Enjoy this powerful, nutrient-rich infusion made from the whole flavonoid-rich flower. A traditional African tea.

31.524 ORAC units per container



Product Information

Serving Size: 1 teaspoon (2 gram) Servings Per Container: 71

Ingredients: raw, wild Mediterranean pulverized hibiscus flowers

A flavonoid-rich whole food infusion Mediterranean-source, non-GMO

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