



NET WT. 16OZ. (1LB) 454G

nuts 'n more®

HIGH PROTEIN + PEANUT SPREAD

Contains 55% Peanuts

SALTED CARAMEL



nuts 'n more
nuts-n-more.com

Nutrition Facts

Serving Size: 2 tbsp
Servings: 14 (34g)
Calories: 188
Fat Cal: 108

WE SUGGEST STORING
IN A COOL, DRY PLACE
OR REFRIGERATE TO
PRESERVE FRESHNESS

OIL SEPARATION MAY
OCCUR, STIR WITH
EVERY USE.

MANUFACTURED
IN THE USA.

Amount Per Serving % Daily Value*

Total Fat	12g	18%
Saturated Fat	2g	10%
Trans Fat	0g	0%
Cholesterol	2mg	1%
Sodium	102mg	4%
Total Carbohydrate	8g	2%
Dietary Fiber	3g	12%
Sugars	1g	
Protein	12g	24%

Vitamin A 2% • Vitamin C 0% • Calcium 2% • Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories Per Gram: Fat 9		Carbohydrate 4	Protein 4

Ingredients: Peanuts, Whey Protein Isolate, Organic Flax, Natural Sweetener (Birch Xylitol), Natural Extract, Sunflower Lecithin, Sea Salt.
Allergen Warning Contains: Peanuts. Whey protein which is derived from dairy. May contain traces of almonds and other nuts, cocoa, fruits and berries. No preservatives added.
Manufactured in the USA by Nuts 'N More LLC. E. Providence, RI 02914
Comments OR Questions? Email Us: questions@nuts-n-more.com.
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