

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Magnesium mediates proper muscle function (including the heart) and is essential for cellular production of protein & ATP.* An advanced mineral form used to enhance solubility and absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Magnesium is tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN41051 .A01
(BLK8056A)



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM **Nature's Way** QUALITY

Magnesium Complex



DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	% Daily Value	
Magnesium (as citrate/oxide)	500 mg	125%

Other ingredients: Cellulose, Gelatin (capsule), Magnesium stearate, Silica

Nature's Way® Magnesium contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar, soy, gluten, or corn.



©2012 Nature's Way Products, LLC
Green Bay, WI 54311 USA

