

 *Health through the power of nature,  
that's what it means to Trust the Leaf.<sup>®</sup>*

**Fenugreek** (*Trigonella foenum-graecum*) is traditionally used to soothe the stomach.\* Our Fenugreek is carefully tested and produced to superior quality standards.

**Keep out of reach of children.** Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, soy, corn, dairy products, artificial colors, flavors or preservatives.

 **VEGETARIAN**

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



# Fenugreek

Seed



100 Vegetarian Capsules / 610mg

DIETARY SUPPLEMENT

**Recommendation:** Take 2 capsules two to three times daily. **Caution:** Not for use during pregnancy. If you are nursing, have diabetes or are taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	2%†
Fenugreek (seed)	1.22 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose), silica

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com



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