

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: Three tablets daily.
Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our
e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Please recycle this bottle after use.
0316-D01 © 2015 New Chapter, Inc.

NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES & HERBS



**perfect prenatal
MULTIVITAMIN**

**Whole-Food Cultured Multivitamin
with Nutrients for Healthy Pregnancy
and Fetal Development***

Can be taken on an empty stomach

96 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets
Servings per container 32

Amount per serving	%DV for adults	%DV for pregnant women	Amount per serving	%DV for adults	%DV for pregnant women		
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%	63%	Magnesium (as magnesium oxide from culture media and <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	15 mg	4%	3%
Vitamin C (as ascorbic acid from culture media)	60 mg	100%	100%	Zinc (as zinc oxide from culture media)	7.5 mg	50%	50%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%	250%	Selenium (as selenium dioxide from culture media)	50 mcg	71%	*
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%	100%	Copper (as copper sulfate anhydrous from culture media)	750 mcg	38%	38%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg	100%	*	Manganese (as manganese chloride from culture media)	2 mg	100%	*
Thiamin (as thiamine hydrochloride from culture media)	4 mg	267%	235%	Chromium (as chromium chloride from culture media)	100 mcg	83%	*
Riboflavin (from culture media)	5 mg	294%	250%	Molybdenum (as sodium molybdate from culture media)	20 mcg	27%	*
Niacin (as niacinamide from culture media)	20 mg	100%	100%	Prenatal Herbal Blend (from culture media)	300 mg	*	*
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg	250%	200%	Organic Brown Rice, Organic Oats, Organic Blueberries (fruit), Organic Prunes (fruit), Organic Blackberries (fruit), Organic Flame Raisins (fruit), Organic Raspberries (fruit), Organic Dandelion (leaf), Organic Rose Hips (fruit), Organic Lavender (flower), Organic Lemon Balm (leaf), Organic Peppermint (leaf), Organic Cloves (bud), <i>L. casei</i> , <i>L. plantarum</i> , <i>L. salivarius</i> , <i>L. acidophilus</i> , <i>L. rhamnosus</i> , <i>S. thermophilus</i> , <i>B. bifidum</i> , <i>B. infantis</i> , <i>B. longum</i> and <i>B. breve</i>			
Folate (as folic acid from culture media)	600 mcg	150%	75%	Cruciferous Sprouts Blend (sprouted seeds)	100 mg	*	*
Vitamin B12 (as cyanocobalamin from culture media)	30 mcg	500%	375%	Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Daikon Radish, Organic Cabbage, Organic Mustard			
Biotin (from culture media)	300 mcg	100%	100%				
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg	100%	100%				
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	75 mg	7.5%	6%				
Iron (as ferrous fumarate from culture media)	18 mg	100%	100%				
Iodine (as potassium iodide from culture media)	90 mcg	60%	60%				

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], organic orange peel powder, organic carrot powder, organic alfalfa powder, papain [deactivated], bromelain [deactivated] and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).*

* The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.

90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301

For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA