## An iron-free, twice-daily formula packed with essential vitamins and minerals for optimal health.\*

	Supplement Facts			Amount Per 2 Soft Gels % DV		
	Serving Size 2 Soft Gels			Pantothenic Acid (from d-calcium pantothenate)	40 mg	400%
	Servings Per Container 60			Calcium (from calcium ascorbate and d-calcium pantothenate)	70 mg	7%
ueu to utagitose, treat, cure, or preventany usease.	Amount Per 2 Soft Gels % DV			lodine (from potassium iodide)	300 mcg	200%
				Magnesium (from magnesium oxide)	100 mg	25%
	Calories	15		Zinc (from zinc glycinate chelate)	15 mg	100%
	Calories from Fat	10		Selenium (from selenomethionine)	210 mcg	300%
	Total Fat	1 g	2%**	Copper (from copper glycinate chelate and copper carbonate)	2 mg	100%
	Protein	1 g	2%	Manganese (from manganese glycinate chelate)	3 ma	150%
		10,000 IU	200%	Chromium (from chromium nicotinate)	240 mcg	200%
	Vitamin C (from calcium ascorbate)	600 mg	1000%	Molybdenum (from molybdenum glycinate chelate)	75 mcg	100%
	Vitamin D3 (as cholecalciferol)	1,600 IU	400%	Lutein	800 mca	+
	Vitamin E (as d-alpha tocopherol from soy)	400 IU	1333%	Phosphatidyl Choline	50 ma	+
	Thiamin (Vitamin B-1)(from thiamin mononitrate)	15 mg	1000%	Boron (from boron glycinate chelate)	2 mg	+
	Riboflavin (Vitamin B-2)	17 mg	1000%	Vanadium (from Bis-Maltolato Oxo Vanadium)	400 mca	+
	Niacin (as niacinamide)	40 mg	200%	Fish Oil Concentrate	800 ma	+
	Vitamin B-6 (as pyridoxine HCI)	20 mg	1000%	EPA (Eicosapentaenoic Acid)*	130 mg	+
	Folate (folic acid)	400 mcg	100%	DHA (Docosahexaenoic Acid)*	90 mg	†
	Vitamin B-12 (as cyanocobalamin)	120 mcg	2000%	** Percent Daily Values (DV) are based on a 2,000 calorie diet.		
	Biotin	300 mcg	100%	† Daily Value (DV) not established. *Reported as triglycerides.		

40 ma 400% 70 ma 200% 300 mcg 25% 100 mg 100% 15 ma 300% 210 mca 2 mg 100% 3 ma 150% 200% 240 mca 100% 75 mcg 800 mca 50 ma 2 ma 400 mcg 800 mg 130 ma 90 mg l on a 2,000 calorie diet. eported as triglycerides.

Other Ingredients: Soy lecithin, beeswax, dicalcium phosphate, soybean oil, rice flour, microcrystalline cellulose, medium chain triglyceride oil, ascorbyl palmitate, glyceryl stearate, olive oil, safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob. Contains soy and fish (anchovy and sardine).

Directions: Take two soft gels daily at mealtime, with a full glass of water or beverage

> ✓ Gluten-free ✓ Milk/Casein-free ✓ Preservative-free

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**POTENCY & QUALITY GUARANTEED** 

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**DIETARY SUPPLEMENT Helps Maintain Good Health\*** 120 Soft Gels

Super 2 Daily<sup>®</sup>

Multiple Formula with

Fish Oil & Lutein