

Pump XXX is a fully dosed, non-stimulant formula designed to fuel nitric oxide production and maximize blood flow for intense muscle pumps.\*

**Includes:**

- Cordiart™ Citrus Fruit Extract is clinically researched to enhance power output.\*\*^
- L-Arginine and L-Citrulline fuel nitric oxide production, an important signaling molecule that regulates blood flow.\*
- resVida® Resveratrol is clinically shown to enhance blood vessel dilation for maximum blood flow and nutrient delivery\*◇
- Creatine helps fuel muscle energy for athletic power, strength and performance.\*\*^

◇In a randomized, double-blind, placebo-controlled, crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilatation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

^When used in conjunction with an exercise program.



# PUMP XXX

- Fuels Nitric Oxide Production for Intense Muscle Pumps\*
- Enhances Strength, Performance & Power Output\*\*^
- Zero Stimulants & Zero Sugar

**5G** CREATINE | **500MG** CORDIART™ | **3G** L-CITRULLINE

CLINICALLY RESEARCHED

**BLUE RASPBERRY**

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT  
**30 SERVINGS**  
Net Wt 15.6 oz (442 g)

CODE 369895

IRG  
DIRECTIONS: As a dietary supplement, mix one scoop (14.74 g) into 8-10 fl. oz. of cold water. Take prior to exercise. Use PUMP XXX in addition to your existing regimen. Consume ample amounts of water while taking this product.

## Supplement Facts

Serving Size 1 Scoop (14.74 g)  
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	3 g	1%†
Total Sugars	0 g	*
Potassium	60 mg	1%
Creatine (as Creatine Monohydrate & Creatine Hydrochloride)	5000 mg	*
L-Citrulline	3000 mg	*
L-Arginine	1500 mg	*
Cordiart™ Citrus Fruit Extract ( <i>Citrus sinensis</i> ) (standardized to 80% Rutinoside = 400 mg)	500 mg	*
trans-Resveratrol (as resVida®)	30 mg	*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfama Potassium, Potassium Chloride, Soy Oil & Lecithin Blend, Calcium Silicate, FD&C Blue #1.

CONTAINS: Soy.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Cordiart™ is a trademark of BioActor.

resVida®  
resVida® is a trademark of DSM.



KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested

for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #CP0307. See gnc.com for more information.