



Supplement Facts

Serving Size 2 Soft Gels Servings Per Container 90

Amount Per 2 Soft Gels		% DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	20 IU	67%
Total Omega-3 Fatty Acids [☆]	500 mg	†
EPA (Eicosapentaenoic Acid)☆	220 mg	†
DHA (Docosahexaenoic Acid)☆	180 mg	†

** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water Contains fish (salmon, anchovy, sardine, mackerel).*

Directions: Take two soft gels once or twice daily, **at mealtime**.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600 www.carlsonlabs.com • An FDA Regulated Facility Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated omega-3s EPA and DHA.

For those individuals who do not eat an oily fish diet, Carlson offers the omega-3s EPA and DHA in easy-to-swallow soft gelatin capsules.

Each Carlson Norwegian Salmon Oil soft gel contains 1000 mg (1 gram) of fish oil extracted from salmon and other fish found in deep, pristine waters.*

✓ Gluten-free ✓ Preservative-free

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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Promotes Heart, Brain, Vision and Joint Health*
180 Soft Gels: 1000 mg

^{*} Contains over 50% salmon oil.