MEN'S COMPLETE
MULTI • OMEGA 3s • CoQ10

THE GOOD GUMMY

We started SmartyPants because we thought we shouldn't have to choose just one: premium ingredients for our family's health, a company we trust, or affordability. We wanted all three. We also didn't think good health should be available only to those with large wallets (though they deserve it, too) but for us all – even those around the world without easy access to any supplementation at all. Good ingredients, Good taste, and Good works – The Good Gummy.

Here's to your health,

Courtney & Gordon
Co-CEOs

vitamin angels
PROUD SUPPORTER

FOR CUSTOMER SUPPORT: 1-888-751-2291
CUSTOMERSERVICE@SMARTYPANTSCORP.COM
WWW.SMARTYPANTSVITAMINS.COM

8 51356 00478 1

Who, exactly, made the rule that a man needs a cape to be super? You work hard, take care of yourself and the people you love. Sure, x-ray vision is impressive, but we think you're pretty super, man.

NON GMO

SMARTY PANTS®

180 GUMMIES
DIETARY SUPPLEMENT

OUR GUMMIES INCLUDE:

- MULTIVITAMIN
- ECO-FRIENDLY OMEGA 3 EPA & DHA
- CoQ10
- LYCOPENE
- ACTIVE FORM OF FOLATE
- 3 DELICIOUS FLAVORS, ONE HANDSOME COLOR

Excellent source of vitamins A, C, E, B12, B6, D, zinc, iodine, niacin, and folate.

Non-GMO

Every batch third party lab tested.

Gluten and casein-free.

No synthetic colors, flavors, or preservatives.

Free of GMO's, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, soy allergens, gluten, peanuts, tree nuts, fish allergens, shellfish, and salicylates.

Made in California in a GMP-certified facility with domestic and imported ingredients.

WARNING Keep out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken.

Recommendations Store in a cool dry area. Do not freeze. Natural colors will darken over time—this does not affect the potency of the product.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA

Directions: For adult men, take six (6) Gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 6 Gummies
Servings Per Container 30

Amount Per 6 Gummy Serving		% Daily Value
Calories	50	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	11 g	4%†
Sugars	8 g	**
Vitamin A (as retinyl palmitate USP)	1500 IU	30%
Vitamin C (as ascorbic acid USP)	60 mg	100%
Vitamin D (as cholecalciferol)	1200 IU	300%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	30 IU	100%
Thiamin (as thiamine mononitrate USP)	0.08 mg	5%
Riboflavin USP	0.26 mg	15%
Niacin (as niacinamide USP)	4 mg	20%
Vitamin B-6 (as pyridoxine HCl USP)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin USP	45 mcg	15%
Pantothenic acid (as calcium D-pantothenate USP)	1.5 mg	15%
Iodine (as potassium iodide USP)	150 mcg	100%
Zinc (as zinc citrate USP)	15 mg	100%
Selenium (as sodium selenite)	14 mcg	20%
Sodium	25 mg	< 1%
Fish Oil (from anchovy and sardine)	510 mg	**
EPA (Eicosapentaenoic Acid)	83 mg	
DHA (Docosahexaenoic Acid)	67 mg	
Total Omega-3 Fatty Acids	183 mg	
Lycopene	8 mg	**
Choline (as choline bitartrate USP)	18 mg	**
Inositol FCC	30 mcg	**
CoQ10 (as Coenzyme Q10, ubiquinone USP)	120 mg	**

† Percent Daily Value (DV) based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors (Lemon Crème, Blueberry, Blackberry) and Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric, Maqui Berry).

Essential Omega 3 Oils from Sustainable Fisheries

LABMC180R1