Og of SUGAR

11g of FIBER



BarnDad's FiberDX[®] 8-Laver Fiber Matrix, with 11g of fiber. 7g of protein is a 100% natural, time release. soluble and insoluble fiber blend that naturally reduces hunger and supports healthy weight management, lean muscle and a healthy digestive system. BFDX helps reduce insulin spikes as it slows the digestion and

absorption of sugars and carbohydrates, allowing glucose to be metabolized more effectively.

BarnDad's FiberDX[®] also supports heart health. It's long been clinically proven that a diet high in fiber helps reduce cholesterol and triglycerides, which has a positive impact on the body's mechanisms for regulating healthy cholesterol production within normal ranges. Health experts recommend a healthy diet include a minimum of 25 grams of fiber per day. One serving of **BarnDad's FiberDX[®]** provides 11 grams of Fiber, a full 44 PERCENT of your daily fiber requirement.

While many single fiber products or supplements (imbalanced blends) often cause bloating. BFDX's proprietary, eight-layer fiber matrix, works in days to provide consumers all the benefits of a high fiber diet without the negative side effects.

BarnDad's FiberDX[®] is a flavorless, universal ingredient that easily mixes with water or other beverages and can also be used in baking as a flour substitute, resulting in healthy and delicious meals, snacks and desserts. BarnDad's **FiberDX**^{\otimes} is the Ultimate fiber supplement for optimum health, peak performance and vitality at any age.

DOCTORS RECOMMEND KEEPING BLOOD AND GLUCOSE LEVELS WITHIN A HEALTHY RANGE. Cholesterol 125-200 MG/DL HDL Low: > OR = 40 MG/DLHemoglobin A1C Low: < 6.0% 65-99 MG/DL LDL Low: < 130 MG/DL Glucose

BarnDad's FiberDX[®] is a universal ingredient.

Mix into your

tea or iuice



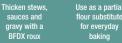




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with spices in everyday cooking

Stir BFDX int hot soups o



for everyday

baking

Visit our website for recipe information: barndadsfiberdx.com/recipes

BarnDad's FIBER

8-LAYER FIBER MATRIX

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11g of Fiber 44% of daily requirement

7g of Protein

No bloating or negative side effects

RESEARCH HAS SHOWN HIGH FIBER AND HIGH PROTEIN DIETS CAN

- Enhance weight management and promote calorie control
- Feel fuller longer
- Promote healthy cholesterol, A1C and blood glucose within normal range

NET WT 21.1 OZ (1.32 LB) 600 grams



Total Fat 1g

Saturated Fat Og

Trans Fat Og

Cholesterol 0a

Total Carbohvdrate

Dietary Fiber 11g

Sodium 70ma

Sugars Og

Vitamin A 2%

Protein 7a

Calcium 2%

Niacin 8%

your calorie needs:

Total Carbohydrate

Dietary Fiber

Calories per gram:

Total Fat

Sat Fat

Cholesterol

Sodium

Fat 9 ngredients: Calories:

Less than

Less that

Less that

Less than

Carbohyo

0

4

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Mixes Instantly in Water | Natural & Flavorless

7g of PROTEIN

	Calories from	Fat	5	
	% Daily	% Daily Value*		
		2	%	
		0	%	
		3	%	
;	11g	4	%	
		44	%	
		14	%	
	Vitamin C	00/	,	
_	vitamin u	0%	0	

•	Iron 0%
•	Folate 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on

2,000	2,500
65g	80g
20g	25g
300mg	300mg
2,400mg	2,400mg
300mg	375mg
25g	30g
Irate 4 •	Protein 4

BarnDad's FiberDX®) Sov Protein Isolate. Oat Fiber, Soy Fiber, Psyllium, Maltodextrin, Flax Seed, Beet Fiber, Cellulose, Oat Bran Fiber, Lecithir

CONTAINS: SOY PROTEIN Store in a cool, dry place

Directions: Add 1 scoop (20a) of favorite non-carbonated beverage) 15 minutes prior to 1 or 2 meals daily.



One serving of BarnDad's FiberDX® delivers 30%-50% of your daily fiber requirement, designed to help suppress hunger and promote healthy A1C control.*

Distributed by: BarnDad nnovative Nutrition. LLC 150 Lake Drive. Suite 101. Wexford, PA 15090

Ouestions? Call Toll Free: 855.826.2429





For more information: 855-826-2429 or www.barndadnutrition.com