

## 3 Ways to Enjoy!

### Classic Iced

Mix 1 scoop of Select Café Protein with 6–8 oz of cold water, milk, or milk–substitute. Shake in a shaker cup or stir with a spoon. Pour mixed drink into a cup of ice and enjoy!



### Blend it! – Frappé Style

Add 1 scoop of Select Café Protein to a blender with 4 oz of cold water, milk, or milk–substitute, and 1 cup of ice cubes. Blend until desired consistency is reached.



### Classic Hot

Prepare 6–8 oz hot water at your desired temperature (Do not use boiling water, as this will cause the product to clump, best results are when water is 185–190°F). Add approximately 1/2 scoop of the Select Café Protein to the water and mix with a spoon. Once mixed, add the remaining powder and mix again.

	TOTAL FAT	TOTAL CARBS	SUGAR	PROTEIN	CAFFEINE	COST PER SERVING
Popular 12oz Barista-Made Vanilla Frappe	11g	41g	39g	4g	65-100mg	\$3-5
Select Café Vanilla Frappe	1g	3.5g	3g	20g	100mg	\$1-1.25

**PE**SCIENCE

**20**

Delicious  
Servings

**20 g**

Premium  
Protein

**100 mg**

Natural  
Caffeine

# select

*Café Series*

# PROTEIN™



With 100mg Natural Caffeine

- Taste the Quality | Select the Best
- Premium Milk Protein Isolate
- Smooth Coffee Flavor!
- Coffeeberry®energy\*  
ORGANIC COFFEE CAFFEINE

## Nutrition Facts

Serving Size: 1 Scoop (28 g)  
Servings Per Container: 20

Amount Per Serving		Calories from Fat 10	
		% Daily Value*	
<b>Calories</b>	100		
<b>Total Fat</b>	1 g	<b>2%</b>	
Saturated Fat	0.5 g	<b>3%</b>	
Trans Fat	0 g		
<b>Cholesterol</b>	30 mg	<b>10%</b>	
<b>Sodium</b>	115 mg	<b>5%</b>	
<b>Total Carbohydrate</b>	3 g	<b>1%</b>	
Dietary Fiber	0 g	<b>0%</b>	
Sugars	3 g		
<b>Protein</b>	20 g	<b>40%</b>	
Vitamin A	1%	Vitamin C	0%
Calcium	8%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	Carbohydrate 4	Protein 4

**Ingredients:** Select Protein Blend (Milk Protein Isolate [comprised of casein protein and whey protein], Whey Protein Concentrate 80%), Natural and Artificial Flavors, Salt, CoffeeBerry® Coffee Berry Extract (70% caffeine), Sucralose, Acesulfame Potassium.

**Contains milk and soy ingredients.**

Manufactured for PEScience LLC (3665 East Bay Dr. #204-155 Largo, FL 33771 USA. Ph: 888-885-0195)

**GLUTEN FREE**

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**DIRECTIONS:** Mix one scoop of SELECT Café Protein with ~8 oz cold water, milk, or milk–substitute. Amount of liquid can be adjusted to meet your taste preference. Consume enough protein to meet your daily protein requirement through a combination of high protein foods and protein supplements. For more ways to enjoy see left side panel of product label.  
**Notice:** Use this product as a food supplement only. Do not use for weight reduction.

**CONTAINS CAFFEINE.** This product is only intended to be consumed by healthy individuals over the age of 18. Pregnant or nursing women should not use this product without first consulting their physician. Discontinue use and immediately consult your healthcare professional if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing.

STORE IN A COOL, DRY PLACE.  
CONTENTS SOLD BY WEIGHT NOT VOLUME.



*Vanilla* **FRAPPE**  
Natural & Artificially Flavored

**PROTEIN POWDER DRINK MIX**

**Net Wt 19.8 oz (560 g)**