Vitamin D is required to promote calcium absorption, which helps to maintain healthy bones and teeth. Vitamin D also supports a healthy immune system and neuromuscular function. The Vitamin D3 in this product is the same form produced by the body when our skin is exposed to sunlight. As we age, our bodies may absorb this important nutrient less efficiently. This formulation offers advanced Vitamin D3 support in oilbased softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A. For more information, call toll-free 1-877-SOLGAR 4, www.solgar.com ©2012 Solgar, Inc.

SOLGB35872 01B



VITAMIN D 3 10,000 IU

MAINTAINS HEALTHY BONES & TEETH* SUPPORTS A HEALTHY IMMUNE SYSTEM* PROMOTES TISSUE HEALTH*

GLUTEN, WHEAT & DAIRY FREE

DIETARY SUPPLEMENT

Supplement Facts Serving Size: 1 Softgel	
Amount Per Serving	%D\
Vitamin D3 10,000 IU (as cholecalciferol)	2500%
DV = Daily Value	

Other Ingredients: Safflower Oil, Gelatin, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color. SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably with a meal, or as directed by a healthcare practitioner.

If you are pregnant, runing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any diatary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not us if outer bottle sed is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

