

Suggested Usage: Take 1 capsule daily.

Vitamin C is an essential nutrient well known for its vital role in the immune system.* It is a highly effective antioxidant that can protect the body's structures from oxidative damage generated during normal metabolism.* Vitamin C is also necessary for the production of collagen and is therefore important for skin, bone, and joint health.* This product includes Bioflavonoids, which work synergistically to support Vitamin C utilization.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

CAPSULE SIZE

CODE 0690 v7



C-1000

Antioxidant Protection*

With 100 mg of
Bioflavonoids

100 Capsules

A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	1 g (1,000 mg)	1667%
Citrus Bioflavonoid Complex	100 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	25 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

