

Made with Organic Fruit

Unlike other supplements that use isolated ascorbic acid or cultured bacteria as the source of vitamin C, **Alive!® Fruit Source Vitamin C** derives its entire Vitamin C content from four of Mother Nature's most potent organic fruit sources.



Organic Acerola



Organic Kiwi



Organic Amla



Organic Goji

100% Fruit Complex Vitamin C

Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids and other co-factors that aid absorption.



Fruit source Vitamin C is also naturally buffered, so it's less acidic and gentle on the stomach. **Alive!® Fruit Source Vitamin C** is complete Vitamin C just as Mother Nature grows it.

- Made with Organic Fruit
- Vegetarian Formula
- Stomach Gentle

Nature's Way

Alive!

Fruit Source

Vitamin C

Made with ORGANIC FRUIT

120 VEGETARIAN CAPSULES • DIETARY SUPPLEMENT

Recommendation: For 500 mg of Vitamin C, take 4 capsules daily. For 1,000 mg, take 4 capsules twice daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 4 Capsules / Servings Per Container 30

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin C	500 mg	833%
<small>(from organic acerola [fruit], organic goji [fruit], organic kiwi [fruit], organic amla [fruit])</small>		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: organic manioc root, vegetable polysaccharide capsule, magnesium stearate, silica



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Certified organic by Quality Assurance International
Questions? 1-800-9NATURE / naturesway.com

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with outer shrinkwrap and inner freshness seal. Do not use if either seal is broken or missing.

Trouble swallowing capsules or tablets?
Also available in organic powder form that mixes easily into water or juice.

