

USAGE: Take 1 vegetarian Licap® 1 to 2 times per day on an empty stomach or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are under the age of 18, or taking medications, consult your healthcare professional before using this product.

L-Carnitine is an amino acid found in high concentrations in heart and liver tissues where, inside the cells (mitochondria), L-Carnitine helps transform fats into energy (i.e., ATP). L-Carnitine also facilitates the metabolism of carbohydrates to enhance ATP production.*

L-Carnitine works synergistically with Co-Q10, an antioxidant and ATP production cofactor that is found in the inner membrane of the mitochondrion.*

AminoCarnitines® such as GlycoCarn®, ArginoCarn® and L-Tauro® are manufactured by Sigma-tau HealthScience under USA production patent # 6703042 and Worldwide production patent EP1202956.

**Keep out of the reach of children.
Store in a cool, dry place.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS

LIQUID CAP
Technology for
Easy Absorption

L-Carnitine

500

**Important Cofactor for
Energy Production from Fats***



500

100

DIETARY



MILLIGRAMS VEGGIE LICAPS® SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetarian Licap®
Servings Per Container 100

	Amount Per Serving	% DV
L-Carnitine (Free Base)	500 mg	†

† Daily Value not established.

Other Ingredients: Glycerin and purified USP water. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

Licaps® is a registered trademark of Capsugel®.


AminoCarnitines®
Sigma-tau HealthScience, inc.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

11318LCSG PROD # 102014



Lot #. Best Used Before:

© 2018 **Jarrow** FORMULAS®