

Healthy Origins® Ubiquinol (also called Kaneka QH®) is the active "Antioxidant" form of CoQ10, responsible for the powerful preventative benefits associated with CoQ10. Normally, the conversion process from CoQ10 to Ubiquinol occurs naturally in the body. Supplementing with Ubiquinol is important for individuals who may have difficulty with the natural conversion of CoQ10 to Ubiquinol. Ubiquinol supplementation is very important to:

- those suffering from specific conditions, especially related to oxidative stress
- adults over 40 years of age

For other adults, Healthy Origins® CoQ10 remains a beneficial supplement for your health and wellness program.\*

All Healthy Origins® Ubiquinol softgels are manufactured through a reduction process of CoQ10 and are encapsulated in the USA using only Kaneka QH® produced exclusively in Pasadena, TX, USA.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot# / Exp.:

# Healthy Origins®

100% Natural • Soy Free

# Ubiquinol

Active "Antioxidant" Form of CoQ10\*



100 mg  
60 Softgels



Dietary Supplement

## Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	% DV
Ubiquinol (Kaneka QH®)	100 mg	†
†Daily Value not established.		

**Other Ingredients:** Medium Chain Triglycerides, Gelatin, Glycerin, Ascorbyl Palmitate, Beeswax, Sunflower Lecithin, Purified Water, and Annatto Extract.

Free of Sugar, Salt, Starch, Yeast, Wheat, Gluten, Corn, Barley, Soy, Fish, Shellfish, Nuts, Tree Nuts, Egg and Dairy Products. No Preservatives, Artificial Flavors or Artificial Colors.

**Directions:** Adults: Take one (1) or two (2) softgels daily with food, or as directed by a physician.

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