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Blood Nutrients[®] 28 mg Iron

Promotes Healthy Blood Development*

180 Capsules

Specially formulated to nourish our blood and support overall health.*						
Supplement Easts		Amount Per Capsule		% DV		
Supplement Facts		Folate (folic acid)	400 mcg	100%		
Serving Size 1 Capsule			Vitamin B-12 (as cyanocobalamin)	300 mcg	5000%	
Amount Per	r Capsule	% DV	Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%	
Vitamin A (as retinyl palmitate)	5000 IU	100%	Iron (from iron glycinate chelate)	28 mg	156%	
Vitamin C (ascorbic acid)	120 mg	200%	Copper (from copper glycinate chelate and copper carbonate)	2 mg	100%	
Vitamin E (as d-alpha tocopheryl succinate from soy)	30 IU	100%	Molybdenum (from molybdenum glycinate chelate)	200 mcg	267%	
Thiamin (Vitamin B-1)(from thiamin HCl)	10 mg	667%	Liver Concentrate	100 mg	**	
Riboflavin (Vitamin B-2)	10 mg	588%	Edible Hemoglobin	25 mg	**	
Niacin (as niacinamide)	20 mg	100%	Stomach Substance (porcine)	10 mg	**	
Vitamin B-6 (as pyridoxine HCI)	10 mg	500%	** Daily Value (DV) not established.			

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Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), croscarmellose sodium, silicon dioxide, beef gelatin capsule. Contains: Soy.

Directions: Take one capsule daily, at mealtime. Keep bottle tightly closed. Store away from heat and moisture. ✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600 www.carlsonlabs.com • **An FDA Regulated Facility** WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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