



mykind
ORGANICS

Over 30 **Organic**
FAMILY FARMED foods

CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers

NON-GMO VERIFIED

Independent, third party verification

VEGAN CERTIFIED

Third party certified by Vegan Action

GLUTEN FREE CERTIFIED

Third party certified by the Gluten-Free Certification Organization (GFCO)



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Finally, a *Whole Food Multi* that's *certified organic*, Non-GMO *verified*, from *real*, honest, nutritious *foods*.



WOMEN 40+

Whole Food Multivitamin formulated specifically for Women over 40



HEALTH, REJUVENATE, FOCUS

Promotes overall **health** and **well-being**, including **breast**, **hormone** and **heart** support[†]



REAL FOOD FORMULA

Made from real food - over 30 fruits, vegetables and herbs



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ORGANICS

CERTIFIED ORGANIC WHOLE FOOD



WOMEN'S MULTI 40+

WHOLE FOOD MULTIVITAMIN



120 Vegan Tablets

Whole Food Dietary Supplement

WWW.ORGANICMULTI.COM

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Adults take 2 tablets daily with food. Not intended for children.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene from Organic Food Blend)	6,250 IU	130%
Vitamin C (from Organic Food Blend)	75 mg	130%
Vitamin D (D3 from Lichen)	1,000 IU	250%
Vitamin E (from Organic Food Blend)	38 IU	130%
Vitamin K (K Complex with K2 MK-7)	80 mcg	100%
Thiamin (Vitamin B1 from Organic Food Blend)	2 mg	130%
Riboflavin (Vitamin B2 from Organic Food Blend)	2 mg	120%
Niacin (from Organic Food Blend)	25 mg	130%
Vitamin B6 (from Organic Food Blend)	13 mg	650%
Folate (from Organic Food Blend)	500 mcg	130%
Vitamin B12 (Methylcobalamin from <i>Saccharomyces cerevisiae</i>)	60 mcg	1000%
Biotin (from Organic Food Blend)	375 mcg	130%
Pantothenic Acid (from Organic Food Blend)	13 mg	130%
Calcium (from Organic Food Blend)	7 mg	2%
Iodine (from Organic Food Blend)	150 mcg	100%
Magnesium (from Organic Food Blend)	3 mg	2%
Zinc (from Organic Food Blend)	7 mg	50%
Selenium (from Organic Food Blend)	90 mcg	130%
Manganese (from Organic Food Blend)	1.5 mg	80%
Chromium (from Organic Food Blend)	150 mcg	130%

Certified Organic Food Blend	878 mg	+
Organic <i>Sesbania grandiflora</i> (leaf), Organic Apple (fruit), Organic Guava (fruit & leaf), Organic Amla Berry (fruit), Organic Sea Kelp, Organic Holy Basil (leaf), Organic Annatto (fruit & seed), Organic Moringa (leaf), Organic Lemon (peel), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic <i>Lantana camara</i> (aerial), Organic <i>Wrightia tinctoria</i> (aerial), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)		
Certified Organic Hormone & Breast Support Blend	150 mg	+
Organic Black Cohosh (root)	50 mg	
Organic Tomato standardized for lycopene (fruit)	50 mg	
Organic Turmeric standardized for curcuminoids (rhizome)	50 mg	

+ Daily Value not established.

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Tapioca Dextrose, Organic Gum Arabic, Organic Brown Rice (Concentrate & Extract), Organic Potato Starch, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.



Keep out of reach of children.
Store in a cool, dry place. Do not use if safety seal is broken or missing.
Contains no artificial colors or preservatives.

Distributed by Garden of Life LLC

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries. www.gardenoflife.com
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