

USAGE: Take 1 capsule per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Inositol is readily absorbed and used to produce the active inositides as necessary.* The various forms of inositol (phosphatidylinositol and inositides such as IP3) are active in cell-to-cell communication, (e.g., transmission of nerve impulses).* Tissues that are affected include the brain, liver and muscles.* Inositol (a.k.a., myoinositol) is an indirect source of glucuronic acid, which is essential to liver detoxification.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS®

Inositol

Supports Liver Function*
and Cellular Detoxification*

750 **100** **DIETARY**
MILLIGRAMS VEGGIE CAPS SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

	Amount Per Serving	% DV
Inositol (a.k.a., Myoinositol)	750 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place. DO NOT refrigerate.

Suitable for vegetarians/vegans.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation™

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