



Selenium

Yeast-Free • 200 mcg

DIETARY SUPPLEMENT

Promotes Prostate and Immune System Health*

180 Capsules

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

5282-2d

6.1875" x 2.75"

150cc

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Selenium (from L-selenomethionine)	200 mcg	286%

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, magnesium stearate, silicon dioxide, beef gelatin capsule.

Directions: Take one capsule daily, at mealtime.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600
www.carlsonlabs.com • An FDA Regulated Facility

Selenium is an important trace mineral. It is essential to the function of glutathione peroxidase, an antioxidant enzyme, which neutralizes harmful peroxide free radicals.* Muscle enzymes also use selenium to maintain normal mass and tone.*

Each capsule contains Selenium organically-bound with L-Methionine, an essential amino acid in human nutrition.

- ✓ Gluten-free
- ✓ Sugar-free
- ✓ Preservative-free



5282-2d