USAGE: Take 1 capsule 1 to 3 times per day, preferably on an empty stomach or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

L-Lysine is an essential amino acid necessary for growth, development, tissue maintenance and repair.*

Keep out of the reach of children. Store in a cool, dry place; keep lid tightly closed.

> * These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving				% DV
L-Lysine (from L-Lysine HCI)			500 mg	†
† Daily Value not established.				
Other	Ingredients:	Magnesium	stearate	e

(vegetable source) and cellulose. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

ILL LINE

Essential Amino Acid for Protein Metabolism*

DIFTARY

SUPPLEMENT

Distributed Exclusively by: Jarrow FORMULAS[®] Superior Nutrition and Formulation^{sw} Los Angeles, CA 90035-4317 www.Jarrow.com (866) 459-4154



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