



# Kid's Chewable Vitamins & Minerals

Blue Raspberry Flavor

DIETARY SUPPLEMENT

Supports Healthy Growth and Development\*

180 Tablets

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

4242-3g

9.875" x 3.875"

625cc

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% DV
Total Carbohydrate	1 g	<1%**
Vitamin A (from 2500 IU beta carotene & 2500 IU palmitate)	5000 IU	100%
Vitamin C (from calcium ascorbate)	120 mg	200%
Vitamin D3 (as cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate from soy)	60 IU	200%
Vitamin K1 (as phyloquinone)	80 mcg	100%
Thiamin (Vitamin B1)(from thiamin mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as niacinamide)	5 mg	25%
Vitamin B-6 (as pyridoxine hydrochloride)	2 mg	100%
Folate (folic acid)	300 mcg	75%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%

	Amount Per Tablet	% DV
Biotin	150 mcg	50%
Pantothenic Acid (from d-calcium pantothenate)	10 mg	100%
Calcium (from calcium citrate, calcium ascorbate, d-calcium pantothenate, dicalcium phosphate)	57 mg	6%
Iron (from iron glycinate chelate)	9 mg	50%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (from magnesium oxide)	25 mg	6%
Zinc (from zinc oxide)	7.5 mg	50%
Selenium (from selenomethionine)	35 mcg	50%
Copper (from copper gluconate)	1 mg	50%
Manganese (from manganese sulfate)	1 mg	50%
Chromium (from chromium nicotinate)	60 mcg	50%
Lemon Bioflavonoids Complex	10 mg	†

† Daily Value (DV) not established.

\*\* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Fructose, xylitol, microcrystalline cellulose, stearic acid, magnesium stearate (veg.), dicalcium phosphate, food glaze, potassium bitartrate, maltodextrin, citric acid, blue raspberry flavor, hydroxypropylcellulose, ethylcellulose, blueberry powder, mannitol, spinach powder, apple powder, carrot powder.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Directions:** Adults: Chew one tablet daily. Children 4 years of age and older: Chew one tablet daily. Keep bottle tightly closed. Store away from heat and moisture.

**Warning:** Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin without first consulting with your physician.

✓ Preservative-free ✓ Milk/Casein-free ✓ Vegetarian

### POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600  
www.carlsonlabs.com • An FDA Regulated Facility



4242-3g