DIRECTIONS:

Chew two tablets daily, one in the morning and one in the evening or as directed, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children. Store at room temperature.

‡Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by: Celebrate Vitamins 516 Corporate Pkwy Wadsworth, Ohio 44281 www.celebratevitamins.com 877-424-1953





Multi-Complete 36
Chewable (with Iron)

Orange

Dietary Supplement 60 Tablets

| Supplement Facts Serving Size: 2 Tablets Servings Per Container: 30 | | |
|---|--------------------|--------------|
| Servings Per Container: 30 | Amount Per Serving | % Daily Valu |
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1% |
| Vitamin A (as retinyl palmitate and 50% from beta-carotene |) 10,000 IU | 2009 |
| Vitamin C (as ascorbic acid) | 180 mg | 300 |
| Vitamin D (as cholecalciferol) | 3,000 IU | 7509 |
| Vitamin E (as d-alpha-tocopheryl acetate) | 60 IU | 200° |
| Vitamin K (as phytonadione) | 120 mcg | 150 |
| Thiamin (as thiamin mononitrate) | 12 mg | 800 |
| Riboflavin | 12 mg | 706 |
| Niacin (as niacinamide) | 40 mg | 200 |
| Vitamin B ₆ (as pyridoxine HCI) | 4 mg | 200° |
| Folate (as folic acid) | 800 mcg | 2009 |
| Vitamin B ₁₂ (as methylcobalamin and cyanocobalamin) | 500 mcg | 8,333 |
| Biotin | 600 mcg | 200 |
| Pantothenic acid (as D-calcium pantothenate) | 20 mg | 200 |
| Iron (as ferrous fumarate)‡ | 36 mg | 200 |
| lodine (as potassium iodide) | 150 mcg | 100 |
| Magnesium (as magnesium citrate and magnesium oxide) | 100 mg | 25 |
| Zinc (as zinc amino acid chelate) | 30 mg | 200 |
| Selenium (as selenium amino acid chelate) | 140 mcg | 200 |
| Copper (as copper citrate) | 3 mg | 150 |
| Manganese (as manganese amino acid chelate) | 2 mg | 100 |
| Chromium (as chromium amino acid chelate) | 200 mcg | 167 |
| Molybdenum (as molybdenum amino acid chelate) | 75 mcg | 100 |
| * Percent Daily Values are based on a 2.000 calorie diet. | | |

Other ingredients: Sorbitol, mannitol, natural flavors, stearic acid, dried coconut oil complex, turmeric color, microcrystalline cellulose, citric acid, magnesium stearate, silica, sucralose. **Contains Milk**.