



LiquiCharge™

Pre-Workout



Add to Water

POMEGRANATE LEMONADE

NATURALLY AND ARTIFICIALLY FLAVORED

20 SERVINGS • DIETARY SUPPLEMENT

Net WT. 200ml (6.76 FL OZ)

Supplement Facts

Serving Size: 1 (10mL) LiquiTube™
Servings Per Container: 20

Amount Per Serving	% Daily Value*
Calories 10	
Total Carbohydrate 2g	1%
Muscle Endurance and Pump Complex* 2150mg	†
CarnoSyn® Beta-Alanine, 2:1 Citrulline Malate, L-Norvaline	
Energy & Focus Matrix* 435mg	†
Caffeine (180mg), N-acetyl-L-Tyrosine, Theacrine (as TeaCrine®)	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

OTHER INGREDIENTS: Purified Water, Citric Acid, Natural and Artificial Flavors, Sucralose, Red 40.

Manufactured and Distributed by: DreamPak LLC, 17100 W. Ryerson Road, New Berlin, WI 53151, USA.

www.POWR3D.com



Proudly manufactured in the United States



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At POWR3D®, we are dedicated to creating sports supplement innovations utilizing our unique liquid delivery technology. We believe that supplements should be fun, easy-to-take, mess-free and fully-solubilized, and we're here to make that happen.

Our LiquiCharge™ Pre-Workout Liquid Mix features a unique energy, focus, and endurance blend* delivered in a convenient single-serve LiquiTube. Simply snap off the top, add the contents to water and enjoy a delicious and refreshing boost! Best of all, you can take your LiquiCharge™ wherever you go and easily add it to any bottle of water.

TeaCrine® is a registered trademark and Protected by Patents Pending, US 14/539,726; under exclusive global distribution by Compound Solutions, Inc.

TEACRINE®

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

CarnoSyn®
Carnosine Synthesizer

Suggested Use: Snap off the top and add the entire contents of 1 LiquiTube (10ml) to 8-14oz of water. Consume 15-30 minutes before your workout or whenever you require an energy boost. **DO NOT EXCEED TWO SERVINGS PER DAY.** Use only as directed. During your workout, it is recommended that you drink plenty of water. Some individuals may experience a harmless tingling sensation attributed to beta alanine.

Warnings: This product is intended for Adults 18 years of age and older. Check with a qualified health care professional before taking this product if you are pregnant or nursing, have any known or suspected medical conditions, and/or if you are taking any medications. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1 Snap or Twist top off.



2 Squeeze contents into 8-14oz of water.



3 Drink and Enjoy!

