



Norwegian

# Salmon Oil

## Omega-3s EPA & DHA



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health\*

180 Soft Gels: 1000 mg

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Carlson.* Specializing in the finest Norwegian fish oils since 1982

### Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 90

	Amount Per 2 Soft Gels	% DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	20 IU	67%
Total Omega-3 Fatty Acids*	500 mg	†
EPA (Eicosapentaenoic Acid)*	220 mg	†
DHA (Docosahexaenoic Acid)*	180 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established. \*Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.  
Contains fish (salmon, anchovy, sardine, mackerel).\*

**Directions:** Take two soft gels once or twice daily, **at mealtime.**

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Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated omega-3s EPA and DHA.

For those individuals who do not eat an oily fish diet, Carlson offers the omega-3s EPA and DHA in easy-to-swallow soft gelatin capsules.

Each Carlson Norwegian Salmon Oil soft gel contains 1000 mg (1 gram) of fish oil extracted from salmon and other fish found in deep, pristine waters.\*

✓ **Gluten-free** ✓ **Preservative-free**

\* Contains over 50% salmon oil.

#### PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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