

Coconut is one of the world's most nourishing foods. This creamy taste of the tropics is great for sautéing and baking, enhancing your favorite recipes, and body care.

SIMPLY PURE

Cold-pressed and never refined, deodorized or bleached! Savor its rich aroma and enticing light taste. A pinch of salt helps reduce the coconut flavor in savory recipes.

ORGANIC

Made without pesticides, GMOs or hexane.

VERSATILE

Ideal as a medium-heat cooking oil, a nutritious substitute in baking and is "better than butter"

on bread, vegetables or popcorn. Great for skin care, hair care and massage.

Also try our organic Hemp Oil, Seeds and Protein, Coconut Manna™, Chia Seed and Red Palm Oil. For delicious recipes, visit nutiva.com.



nutiva®

NOURISHING PEOPLE & PLANET

coconut oil

ORGANIC SUPERFOOD

100% less cholesterol than butter

15 FL OZ (444mL) ©



VIRGIN



NEW LOOK
SAME PRODUCT

Nutrition Facts

Serving Size: 1 Tbsp (15ml)
Servings Per Container: About 30

Amount Per Serving

Calories 130 Calories from Fat 130

% Daily Value*

Total Fat 14g 22%

Saturated Fat 13g 66%

Trans Fat 0g

Polyunsaturated Fat <0.5g

Monounsaturated Fat <1g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0mg 0%

Protein 0mg 0%

Not a significant source of dietary fiber, sugar, vitamin A, vitamin C, calcium or iron.

*Percent Daily Values are based on a 2,000-calorie diet.

Product of the Philippines

INGREDIENTS: ORGANIC, UNREFINED, COLD-PRESSED VIRGIN COCONUT OIL. BOTTLED IN A FACILITY THAT PACKS PEANUT OIL.

Vegan • Non-GMO • 0g Trans Fat
Non-BPA Container • No Hexane
Non-Hydrogenated

STORAGE: No refrigeration required; solid at room temperature and melts at 76°F.

NOTE: Any brown specks are natural to coconut.

MANUFACTURED FOR CERTIFIED ORGANIC Nutiva® by OAI and Ecocert ICO

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