

145

INTELLIGENT  
SKINCARE *for men*

## JUST ONE WASH FOR HAIR & BODY

237 ml / 8 fl oz

145<sup>®</sup>

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**purpose** Makes showering easier and more enjoyable by combining skin and hair care benefits into one highly concentrated, all-natural wash.

**how it works** Gentle cleansers, avocado and coconut oils, vitamin B3 and soy proteins are united to moisturize skin and strengthen hair while you wash.

**how to use it** Work small amount into lather, wash, and rinse.

**what's in it** Ingredients: Water, Sodium Cocoyl Isethionate, Cocamidopropyl Hydroxysultaine, Cocamidopropyl Betaine, Sodium Methyl Cocoyl Taurate, Glycerin, Glycol Distearate, Phospholipids, Glycine Soja (Soybean) Oil, Aloe Barbadensis Leaf Juice, Persea Gratissima (Avocado) Oil, Cocos Nucifera (Coconut) Oil, Bambusa Arundinacea (Bamboo) Stem Extract, Hydrolyzed Rice Protein, Hydrolyzed Soy Protein, Niacin, Glyceryl Caprylate, Glyceryl Undecylenate, Potassium Sorbate, Hydroxyethylcellulose, Citric Acid, All-Natural Fragrance.

**pf cf v gf** paraben free, cruelty free,  
vegan, gluten free, pH 5

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145-SkinCare.com



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