Drug Facts

Active ingredient

Purnose

Pelargonium sidoides 1X Shortens duration and reduces severity of upper respiratory symptoms

IISAS

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nacal/bronchial irritations

congestion ■ hoarseness condp sore throat ■ headache

Warnings

Sore throat warning: if sore throat is severe persists more than 2 days. is accompanied or followed by a fever headache, rash, nausea or vomiting consult a doctor promptly.

Ask a doctor before use if you have

- persistent or chronic cough such as occurs with smoking, asthma. chronic bronchitis or emphysema
- a cough accompanied by excessive phleam (mucus).

Ston use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days.
- cough lasts more than 7 days or occurs with rash or persistent headache.
- fever worsens or lasts more than 3 days

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions

- For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.
- Adults & children 12 years of age and older: take 1.5 mL 3 times daily by mouth.
- Children 6-11 years of age: take 1 mL 3 times daily by mouth.
- Children under 6 years of age: consult a doctor.

Other information

■ Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, maltodextrin, potassium sorbate, purified water, sorbitol, vegetable-source glycerin.

Questions? 1-800-9NATURE or visit www.naturesway.com

Umcka® ColdCare

TRADITIONAL ROOTS

IIMCKA® is made from Pelaraonium sidoides roots and originates from traditional South African medicine.



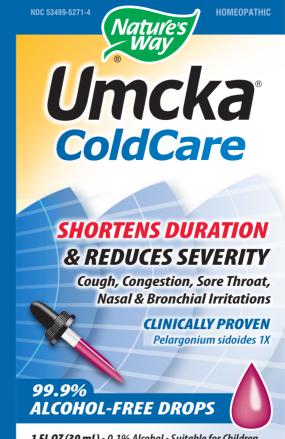
WORKS DIFFERENTLY

UMCKA® does more than iust relieve common cold symptoms—it actually speeds your recovery time.

CLINICALLY PROVEN

UMCKA® is proven effective in clinical studies for alleviating common colds plus nasal, throat and bronchial irritations

TAMPER EVIDENT: Do not use if imprinted shrinkband around bottle cap is broken or missing.



Umcka® **ColdCare**

- · Clinically Proven
- Non-Drowsv

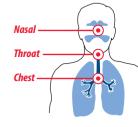
Shortens duration and speeds recovery time



without UMCKA®

duration of symptoms

Reduces severity of common cold, nasal, throat and bronchial irritations





1 FL OZ (30 mL) • 0.1% Alcohol • Suitable for Children