

Directions: As a dietary supplement, take the contents of one pack daily with food.
 Each pack contains:
Ultra Mega® Green Men's Multivitamin

Supplement Facts

Serving Size Two Light Green Caplets

Amount Per Serving	% Daily Value
Vitamin A	5000 IU 100%
Vitamin C	60 mg 100%
Vitamin D	1000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (Vitamin B-1)	5 mg 333%
Riboflavin (Vitamin B-2)	5 mg 294%
Niacin	25 mg 125%
Vitamin B-6	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B-12	150 mcg 2500%
Biotin	300 mcg 100%
Pantothenic Acid	25 mg 250%
Calcium	50 mg 5%
Iodine	150 mcg 100%
Magnesium	25 mg 6%
Zinc	20 mg 133%
Selenium	200 mcg 286%
Copper	2 mg 100%
Manganese	2 mg 100%
Chromium	120 mcg 100%
Molybdenum	75 mcg 100%

Fruit & Vegetable Antioxidant Blend 100 mg *

Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Powder, Bilberry Fruit Extract, Brussels Sprout Powder

Lutemax 2020™ Lutein 2 mg *

Zeaxanthin (as Zeaxanthin Isomers) 400 mcg *

Men's Health Blend 21 mg *
 Yohimbe Bark Extract (*Pausinystalia yohimbe*) (8% Yohimbine Alkaloids = 0.8 mg), Fenugreek Seed Powder (*Trigonella foenum-graecum*), Lycopene (from Tomato)

Amount Per Serving % Daily Value

Digestive Health & Comfort Blend	20 mg *
Ginger Root Extract (<i>Zingiber officinale</i>) (5% Gingerols = 0.50 mg), Cellulase, Papain, Bromelain	

* Daily Value not established.

Other Ingredients: Cellulose, Nicotinamide, Ascorbic Acid, Calcium Carbonate, Zinc Oxide, d-alpha Tocopherol, Selenium Yeast, d-Calcium Pantothenate, Magnesium Oxide, Calcium Chloride, Silicon Dioxide, Copper Sulfate, Manganese Sulfate, Calcium d-Pantothenate, beta-Carotene, Methylcobalamin, Magnesium Stearate Vegetable Source, Zinc Oxide, Riboflavin, Ergocalciferol, Pyridoxine Hydrochloride, Vitamin A Palmitate, Thiamine Hydrochloride, Nicotinamide, Phytonadione, Phytonadione, Magnesium HPC, Folic Acid, Potassium Iodide, Thiamine Hydrochloride, Chromium Chloride, Riboflavin, Biotin, Biotin, Sodium Selenate, Copper Sulfate, Chromium Chloride, Folic Acid, Sodium Molybdate, Molybdenum HPC, Cyanocobalamin, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

*Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic, and Maltodextrin)

*HPC (Hydrolyzed Protein Chelate)

Conforms to USP <2091> for weight.

Brewer's Yeast Vitality Complex

Supplement Facts

Serving Size Two Capsules

Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1)	1.5 mg 100%
Riboflavin (Vitamin B-2)	1.7 mg 100%
Niacin	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	10 mg 100%
<i>Panax Ginseng</i> Root Extract (3% Ginsenosides = 4.5 mg)	150 mg *

* Daily Value not established.

Other Ingredients: Brewer's Yeast, Vegetable Cellulose Capsule, Cellulose, Silicon Dioxide, Magnesium Stearate Vegetable Source. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

AQG

Whole Foods Energy & Metabolism

Supplement Facts

Serving Size Two Capsules

Amount Per Serving

Citri-Sculpt™ Blend	900 mg *
(Grapefruit Extract [<i>Citrus paradisi</i> L.] [whole fruit], Sweet Orange Extract [<i>Citrus sinensis</i> L.] [whole fruit], Blood Orange Extract [<i>Citrus sinensis</i> L.] [whole fruit], Guarana Extract [<i>Paullinia cupana</i>] [seed]) (20% Flavanones = 90 mg)	

Whole Foods Blend

Green Tea Extract (<i>Camellia sinensis</i>) (50% Caffeine = 182 mg)	364 mg
Guarana Seed Extract (<i>Paullinia cupana</i>) (36% Caffeine = 18 mg)	50 mg

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Silicon Dioxide, Magnesium Stearate Vegetable Source.

Contains 218 mg of caffeine.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

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GNC QUALITY COMMITMENT

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GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

^When used in conjunction with a diet and exercise program.

*A randomized, double-blind, placebo-controlled clinical study consisting of 95 overweight healthy participants compared the use of Citri-Sculpt™ Blend to a placebo, both in conjunction with a calorie restricted diet and physical activity plan. After 12 weeks, subjects receiving Citri-Sculpt™ Blend had significantly greater improvements in body composition, antioxidant status and serum free fatty acids.

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GNC
 SUPERFOODS

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ULTRA MEGA® GREEN Men's Energy & Metabolism

DIETARY SUPPLEMENT
 WHOLE FOOD ENHANCED VITAPAK® PROGRAM

Provides energy, body toning, antioxidant and heart support*

- Gf** GLUTEN FREE
- V** VEGETARIAN FORMULA
- NON GMO**
- CLINICALLY RESEARCHED**



30 PACKS



ULTRA MEGA® GREEN

Whole Food Enhanced Vitapak® Program

Made with cultured vitamins and minerals, clinically researched ingredients and fruits and vegetables.

- MEN'S HEALTH**
 Contains essential vitamins and minerals for overall health, including Vitamin D, which may play a role in supporting colon health.*
- ENERGY**
 Has an array of B vitamins needed for energy production. Also includes ginseng for vitality and overall well-being.*
- BODY TONING**
 Features a combination of clinically researched Mediterranean citrus extracts designed to support a lean and toned body.**
- ANTIOXIDANTS**
 Packed with antioxidants from a clinically researched blend of fruits and vegetables to defend against cell aging.*
- HEART**
 Supports heart health and cardiovascular function.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.