

Nutrition Facts

Serving Size: 1 Bar (63 g)
Calories: 210
Calories from Fat: 63

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount / Serving	%DV*	Amount / Serving	%DV*
Total Fat 7 g	11%	Potassium 101 mg	2%
Saturated Fat 4 g	20%	Total Carb. 25 g	8%
Monounsaturated Fat 2 g		Dietary Fiber 12 g	48%
Polyunsaturated Fat 1 g		Sugars 5 g	
Trans Fat 0 g		Sugar Alcohol 1 g	
Cholesterol 17 mg	6%	Protein 20 g	40%
Sodium 159 mg	7%		

Vitamin A 0% • Vitamin C 1% • Calcium 22% • Iron 1%

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN ISOLATE, MILK PROTEIN ISOLATE), ISOMALTO-OLIGOSACCHARIDE (PREBIOTIC FIBER), CHOCOLATE COOKIE GEMS (RICE FLOUR, EVAPORATED CANE JUICE, SUNFLOWER OIL, TAPIOCA STARCH, COCOA (PROCESSED WITH ALKALI), CHOCOLATE LIQUOR, SALT, BAKING SODA, AND SOY LECITHIN), VEGETABLE GLYCERIN, VEGETABLE OILS (PALM, PALM KERNEL OIL), SUGAR, ALMONDS, WATER, SOY PROTEIN ISOLATE, MALTITOL, AND COCOA (PROCESSED WITH ALKALI). **CONTAINS LESS THAN 2% OF: RESISTANT MALTODEXTRIN, SALT, SOY LECITHIN, NATURAL FLAVOR, SUCRALOSE, VANILLA, AND TAPIOCA STARCH. CONTAINS MILK, SOY, TREE NUT, AND PEANUT. MANUFACTURED IN A PLANT THAT PROCESSES MILK, SOY, WHEAT, TREE NUT, PEANUT, AND EGG PRODUCTS.**

Exclusively Developed & Manufactured For: MusclePharm® Corp.
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Denver, CO 80239 USA
Packaged In USA.

MUSCLEPHARM.COM



THE ATHLETES CHOICE FOR HIGH-PERFORMANCE NUTRITION



COMBAT

20g
PROTEIN

GLUTEN
FREE

CRUNCH™



COOKIES 'N' CREAM

NATURAL FLAVORS

HYBRID SERIES

NET WT. 2.22 OZ (63 g)

CLEAN. INNOVATIVE. DELICIOUS!



FUELING SPORT WITH A MULTI-LAYER BAKED PROTEIN BAR!

Combat Crunch™ baked protein bars are made using a proprietary baking process for superior taste and a softer texture. The bars are high protein, with low active carbs and tons of fiber. Unlike hard-paste, “taffy-like” sports bars, Combat Crunch™ is like eating a soft-batch cookie.