



Cod Liver Oil

**Omega-3s EPA & DHA
plus Vitamins A & D**



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

250 Soft Gels: 390 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1312-3d 7.8125" x 2.875" 250cc

Supplement Facts

Serving Size 3 Soft Gels
Servings Per Container 83

	Amount Per 3 Soft Gels	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	<5 mg	2%
Vitamin A (from cod fish liver and retinyl palmitate)	3,750 IU	75%
Vitamin D ₃ (from cod fish liver and cholecalciferol)	400 IU	100%
Norwegian Cod Liver Oil	1,170 mg	†
EPA (Eicosapentaenoic Acid) [☆]	90 mg	†
DHA (Docosahexaenoic Acid) [☆]	105 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. [☆]Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod).

Directions: Take three soft gels daily, **at mealtime.**

✓ **Gluten-free** ✓ **Preservative-free**

Carlson Specializing in the finest Norwegian fish oils since 1982

Cod Liver Oil soft gels provide vitamins A and D and the important omega-3s EPA and DHA, which support heart, brain, vision and joint health.*

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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