

**USAGE:** Children ages 2 to 4, chew 2 to 4 tablets per day. Children ages 4 to 12, chew 4 tablets per day or as directed by your qualified healthcare professional. Must be taken under the supervision of a parent or caregiver.

**Jarrow Formulas® Kids Multi - The perfect multi for the perfect kid!™ Kids Multi** is a chewable daily multi-vitamin for children ages 2 to 12. Kids Multi, an optimum-potency multi, uses low-Calorie xylitol and **Lo Han Fruit Concentrate** (no sugar) and contains important phyto-antioxidants, including the carotenoid **Lutein** for the brain and eyes along with polyphenols from red grapes for added cellular protection.\*

**Keep out of the reach of children.  
Store in a cool, dry place.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

10518KIDS PROD # 101028



Lot #. Best Used Before:

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation<sup>SM</sup>  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)  
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**KidBear®**  
Children's Chewable



# Kids Multi

**In Fun Bear Shapes!  
Sugar Free! (with Xylitol)  
Multi-Vitamin & Mineral  
Chewable Tablets**

**120**  
TABLETS

**DIETARY  
SUPPLEMENT**



<b>Supplement Facts</b>			
Serving Size 4 Chewable Tablets Servings Per Container 30			
	Amount Per Serving	% DV	
		2-4 yrs	>4 yrs
Vitamin A (as Palmitate/Beta-Carotene)	1,125 mcg RAE§ (2,500 IU)	100%	130%
Vitamin C (as Ascorbic Acid)	100 mg	250%	110%
Vitamin D <sub>3</sub> (Cholecalciferol)	5 mcg (200 IU)	50%	25%
Vitamin E (as d-Alpha-Tocopheryl Succinate)	27 mg (40 IU)	400%	180%
Vitamin B <sub>1</sub> (as Thiamin Mononitrate)	2 mg	290%	170%
Vitamin B <sub>2</sub> (as Riboflavin)	2 mg	250%	150%
Vitamin B <sub>3</sub> (as Niacin)	10 mg NE§§	110%	60%
Vitamin B <sub>6</sub> (as Pyridoxine HCl)	2 mg	290%	120%
Folate	333 mcg DFE† (200 mcg Folic Acid)	170%	80%
Vitamin B <sub>12</sub> (as Methylcobalamin)	6 mcg	200%	250%
Biotin	300 mcg	200%	1,000%
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	200%	200%
Calcium (as Calcium Malate)	100 mg	10%	8%
Iodine (as Potassium Iodide)	100 mcg	140%	70%
Magnesium (as Magnesium Citrate)	30 mg	15%	8%
Selenium (as L-Selenomethionine/Sodium Selenate 80/20)	20 mcg	††	35%
Manganese (as Manganese Citrate)	1 mg	††	45%
Chromium (from <i>Saccharomyces cerevisiae</i> )	60 mcg	††	170%
Potassium (as Potassium Chloride)	5 mg	††	0%
Lutein ( <i>Tagetes erecta</i> ) (Marigold Petal Extract)	3 mg	††	††
Inositol	20 mg	††	††
Grape Skin Extract ( <i>Vitis vinifera</i> L.) (30% [48 mg] Polyphenols)	160 mg	††	††

† Dietary Folate Equivalents. § Retinol Activity Equivalents.  
†† Daily Value not established. §§ Niacin Equivalents.

Other Ingredients: Xylitol, maltodextrin, guar gum, citric acid, magnesium stearate (vegetable source), natural flavors, silicon dioxide and MogroPure® (Lo Han fruit extract, *Momordica grosvenorii*).  
No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.