Health & longevity through the bealing power of nature-that's what it means to Trust the Leaf.<sup>®</sup>

Folic Acid is essential for proper fat metabolism, DNA and RNA synthesis, and tissue growth and repair.\* Adequate intake is recommended before and during pregnancy.

**Questions?** Call 1-800-9NATURE or visit naturesway.com. Our Folic Acid is carefully tested and produced to certified quality standards.

ament has not been evaluated by the Food & Drug Administration. Lot is not intended to diagnose, freat, cure or prevent any disease.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.



PREMIUM Nature's QUALITY **Folic Acid U**mcg DAILY ESSENTIAL 100 Capsules / Certified Potency DIFTARY SUPPLEMENT

**Recommendation:** Take 1 capsule daily, preferably with food.

Supplement Facts Serving Size 1 Capsule Servings Per Container 100		
Amount Per Serving	%	Daily Value
Folic Acid	800 mcg	200%

Other ingredients: Cellulose, Gelatin (capsule), Magnesium stearate

Nature's Way<sup>®</sup> Folic Acid contains no preservatives, yeast, milk, lactose, wheat, sugar, soy or corn.



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