

**NO  
PROPRIETARY  
BLENDS**

**3g  
CREATINE**

**1.75g  
BETA-ALANINE**

PATENTED & CLINICALLY  
PROVEN INGREDIENTS

**CarnoSyn®**



**FRUIT PUNCH**  
NATURAL & ARTIFICIAL FLAVORS

**SPORT SERIES**

DIETARY SUPPLEMENT  
NET WT. 12.17 OZ (0.76 LBS) (345 G)

**BANNED  
SUBSTANCE  
TESTED**

**INFORMED-  
CHOICE**  
Trusted by sport

**MP**  
MUSCLEPHARM.

# ASSAULT

## ENERGY + STRENGTH

**THE ATHLETES PRE-WORKOUT**

- CLINICALLY PROVEN INGREDIENTS TO INCREASE STRENGTH & LEAN BODY MASS\*
- DELIVERS INTENSE ENERGY & FOCUS\*



**ENERGY\***



**STRENGTH\***



**PERFORMANCE\***

**SUGGESTED USE:** Mix one serving (1 scoop) of Assault in 8-12 fl. oz. of cold water and drink 20-30 minutes before training. Do not exceed one serving per day.\*

### Supplement Facts

Serving Size: 11.5 g (1 scoop)  
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	0	
Total Carbohydrate	1 g	<1%*
Sugars	0 g	
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	40 IU	133%
Vitamin B6 (as Pyridoxine HCl)	20 mg	1000%
Vitamin B12 (as Methylcobalamin)	50 mcg	833%
<b>Strength &amp; Performance</b>		
Creatine Monohydrate	3 g	†
CarnoSyn® Beta-Alanine	1.75 g	†
Betaine Anhydrous	1.5 g	†
<b>Muscle Fuel</b>		
Taurine	1 g	†
L-Glycine	1 g	†
<b>Energy &amp; Focus</b>		
Caffeine Anhydrous	250 mg	†
Acetyl-L-Carnitine	250 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Citric Acid, Malic Acid, Calcium Silicate, Silicon Dioxide, Natural & Artificial Flavors, Fruit and Vegetable Juice (colors), Sucralose, Acesulfame Potassium.

### ATHLETIC PERFORMANCE WITH AN EDGE.\*

Assault sets the standard in pre-workouts for athletes looking to achieve peak results. Designed specifically for the modern-day athlete, Assault features proven, researched performance-enhancing ingredients for lean body mass, strength & power output and improved endurance & recovery time. Take your game to the next level with Assault! †

### KEY FEATURES

- ✓ CONTAINS CLINICALLY-PROVEN PERFORMANCE INGREDIENT CARNO SYN®\*
- ✓ INCREASES ENDURANCE & POWER OUTPUT\*
- ✓ NO ARTIFICIAL DYES

### WE LIVE IT. WE PROVE IT.

- ✓ Our Researchers and Physicians Have Performed Over 20 Clinical, University & Independent Studies
- ✓ 22 Million Finished Products Certified as Banned-Substance Tested by Informed-Choice
- ✓ Above-and-Beyond Industry Standards

**ALLERGEN WARNING:** This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, wheat and peanuts.

**STORAGE CONDITIONS:** Store at room temperature. Exposure to heat, light or air can affect flavor or aroma. Therefore keep out of direct light or heat. Keep sealed when not in use. Light to moderate clumping may occur.

**WARNING:** For healthy adults 18 years of age or older ONLY. Consult with Physician, if using prescription or over the counter medications, or have pre-existing conditions like: high/low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, prostate enlargement/urination issues; or if taking a Monoamine Oxidase Inhibitor or erectile dysfunction medication. Discontinue use 2 weeks prior to surgery. In case of adverse reactions, discontinue immediately and consult health professional. Contains caffeine. Do not use with caffeine stimulants; alcohol, nitrates, under extreme conditions of heat, sleep deprivation or dehydration. Do not exceed recommended serving or use if safety seal is broken. **KEEP OUT OF REACH OF CHILDREN.**

**CarnoSyn**  
Natural Alternatives International (NAI) is the owner of patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn®.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For:  
**MusclePharm® Corp.**  
4721 Ironton St. Bldg. A, Denver, CO 80239 USA  
Made in a cGMP Registered Facility.

**MP REAL ATHLETES.  
REAL SCIENCE.™**

**MP** SPORTS  
SCIENCE  
INSTITUTE  
MPSSI.COM

LEARN MORE ABOUT THE MOST ADVANCED  
EXPLORATION IN ATHLETIC PERFORMANCE

