

# **Superior Science. Superior Results.™**

• NO Proprietary Blends • NO Underdosed Key Ingredients • NO Banned Substances NO Fillers

- NO Hype
- NO Exceptions

## The Most Powerful Protein Formula Ever Developed

NITRO-TECH<sup>®</sup> is a scientifically engineered whey + isolate lean musclebuilder formula designed for all athletes who are looking for more muscle, more strength and better performance. NITRO-TECH® contains protein sourced primarily from whey protein peptides and whey isolate - two of the cleanest and purest protein sources available to athletes. NITRO-TECH<sup>®</sup> is also enhanced with the most studied form of creatine for even better gains in muscle and strength.

# • 70% Better Than Regular Whey Protein for Gains in Lean Muscle

<sup>1</sup> In a 6-week, double-blind study involving 36 test subjects with at least 3 years of weight training experience divided into 3 groups, subjects combining the core ingredients in NITRO-TECH<sup>®</sup> with a weight training program gained 70% more lean muscle than subjects using regular whey protein (8.8 vs. 5.1 lbs.) and increased their bench press more than subjects using regular whey protein (34 vs. 14 lbs.). These same subjects even gained 4 times as much lean muscle as subjects using a placebo (8.8 vs. 2.0 lbs.). This formula provides 30g of protein from ultra-pure protein. Plus, it delivers a clinically proven dose of creatine.

#### Build More Strength Than **Regular Whey Protein**

Each scoop of NITRO-TECH<sup>®</sup> contains a research-proven dose (3g) of creatine monohydrate. Combined in NITRO-TECH<sup>®</sup>, whey protein and creatine build more strength than regular whey protein. In one study, subjects using the whey/creatine combination in NITRO-TECH<sup>®</sup> increased their 1-rep max bench press by 34 lbs., compared to only 14 lbs. for subjects using regular whey protein.

#### Ultra-Clean Protein Formula

A single scoop of NITRO-TECH<sup>®</sup> contains 30g of protein, primarily from whey protein peptides and whey isolate, with only 4g of carbs and 2.5g of fat! Most protein powders deliver significantly less protein per scoop, while some protein formulas are loaded with fat and carbs. The whey protein in NITRO-TECH® has been filtered using Multi-Phase Filtration Technology for less fat, lactose and impurities than cheaper protein sources.

See Supplement Facts for cholesterol content.

#### REFERENCES

1. Burke et al., 2001. International Journal of Sport Nutrition and Exercise Metabolism. 11(3):349-64.

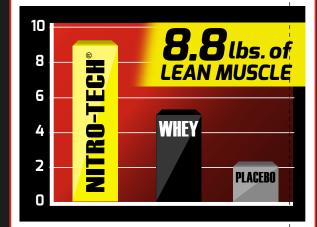
#### • Best-In-Class Taste

Every flavor of NITRO-TECH<sup>®</sup> won in head-to-head, third-party taste tests against leading competitors.

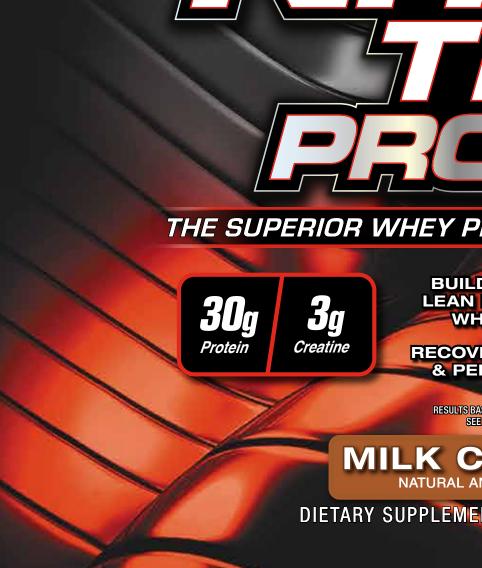
#### Get More for Your Money

Unlike the competition, Performance Series products contain superior key ingredients in clinically dosed amounts that are fully disclosed, so you know exactly what you are paying for.

## **70% BETTER THAN WHEY**



Research conducted and published in a scientific journal shows that subjects using the core ingredients in NITRO-TECH<sup>®</sup> gained 8.8 lbs. of lean muscle in 6 weeks, compared to subjects who used regular whey protein and gained 5.1 lbs.<sup>4</sup> These results are based on testing at St. Francis Xavier University.





## MUSCLETECH RESEARCH & DEVELOPMENT

PERFORMANCESERIES

# THE SUPERIOR WHEY PEPTIDES + ISOLATE FORMULA

BCAAs

MANE H

**5** *Glutamine* & Precursor

**BUILDS 70% MORE** LEAN MUSCLE THAN WHEY ALONE<sup>4,1</sup>

**RECOVERY, STRENGTH** & PERFORMANCE

**RESULTS BASED ON CORE INGREDIENT TESTING.** SEE BACK FOR STUDY DETAILS.

MILK CHOCOLATE NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 4.00 lbs. (1.81kg)

#### Supplement Facts Serving Size: 1 Scoop (46g) Servings Per Container: Approx. 40 Amount Per Serving % Daily Value 160 Calories from Fat 4%\* otal Fa 2.5g Saturated Fat 8% 1.5g 27% Cholesterol 80mg otal Carbohvdrate 1%\* 4α **Dietary Fiber** 2% <1q Sugars 60%\* 30g Calcium 135mg 14% 1mg 150mg Sodium Nitro-Amino Matrix L'leucine (as whey protein and L-leucine) 3.3q L-isoleucine (as whey protein and L-isoleucine) L-valine (as whey protein and L-valine) Scientifically Studied Musclebuilder

Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established.

Creatine monohydrate

Other Ingredients: Isolate Protein & Peptide Blend (Whe Peptides, Whey Protein Isolate, Whey Protein Isolate 97%), Whey Protein Concentrate, Cocoa (Processed with Alkali), Natural and Artificial Flavors. Sov or Sunflower Lecithin. Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Enzyplex (Papain, Amylase), Salt. Sucralose. Acesulfame-Potassium. Contains milk and sov ingredients. Processed in a facility that also processes wheat, egg, tree nut, peanut, fish and shellfish ingredients.

3a

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product contains 3g of creatine per serving, which is in addition to the 30g of protein per serving shown in the Supplement Facts. Creatine in combination with whey protein has been clinically shown in a published study in the International Journal of Sport Nutrition and Exercise *Metabolism* to be more effective for building muscle than just whey protein alone. There are no added amino acids contained within this formula that are counted toward the lot no. and expiry date: see bottle total amount of protein listed on the label



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#### The NITRO-TECH<sup>®</sup> Advantage Ingredient NITRO-TECH<sup>®</sup> Main Competitor Protein 30g

BCAAs	6.8g	5.5g
Leucine	3.3g	2.5g
Creatine	<b>3</b> g	Og
Glutamine & Precursor	5g	4.1g
Scientifically Better Than Whey	$\checkmark$	×

**Directions:** Mix 1 serving (1 scoop) in 6 oz. or 2 servings (2 scoops) in 12 oz. of cold water or skim milk in a glass or shaker cup. Use between maior meals and after exercise. Drink 8 to 10 glasses of water daily. For maximum results, consume 4 scoops of NITRO-TECH® daily for a minimum of 6 weeks

Note: This product is sold by weight. Some settling nay occur. Shake container before use.

Store in a cool, dry place (60°F to 80°F). **Do not** use if packaging has been tampered with.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program or if you have a medical condition. KEEP OUT **OF REACH OF CHILDREN.** 

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION

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