SYNTHA-6 EDGE[®] is a synthesis of premium proteins designed to give your muscles the protein they need to support recovery without the excess carbs and fat you don't want. This protein packed shake delivers a milkshake-like experience that will have you convinced it's your cheat day. Give your recovery the performance edge. Fuel your muscles and reward your taste buds with SYNTHA-6 EDGE®.

DIRECTIONS: Mix 1 scoop with 4-5 fl oz of cold water or your favorite beverage. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Contents sold by weight, not volume.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.







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	AS A FOOD SUPPLEMENT
	ONLY. DO NOT USE FOR
	WEIGHT REDUCTION.

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Nutrition	Facts
48 servings per container Serving size About 1	Scoop (38g)
Amount per serving	160
Calories	100
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Daily Value
Total Fat 4g	5%
Saturated Fat 1g	5%
Cholesterol 50mg	17%
Sodium 190mg	8%
Total Carbohydrate 7g	3%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 24g	48%
Calcium 180mg	15%
Potassium 200mg	4%
Not a significant source of trans fat vitamin D and iron.	t, dietary fiber,
*The % Daily Value tells you how n	nuch a nutrient in

*The % Daily Value tells you how much a nutrient ir a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Protein Matrix (Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Protein, Calcium Caseinate, Micellar Casein, Milk Protein Concentrate), Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Natural and Artificial Flavor, Cookie Crumbs (Enriched Flour Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Palm and Palm Kernel Oil Blend, Cocoa [Processed With Alkali], High Fructose Corn Syrup, Corn Flour, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), Lecithin, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Salt, Acesulfame Potassium, Sucralose.

CONTAINS: Milk, Wheat and Soy.

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