

**Natrol® Advanced Sleep Melatonin** is a specially formulated 2-layer tablet that releases an outer layer of Melatonin to help you fall asleep quickly, followed by the slow release of an inner layer to help you stay asleep longer.†



**Outer Layer  
Releases Quickly**

**Inner Layer  
Releases Slowly**

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

**Warning:** Consult your healthcare professional if you are under medical supervision, using tranquilizers or sedatives including alcohol, or if you have an autoimmune condition, depressive disorder, are pregnant or lactating, or using daily for more than four weeks. For adult use only at bedtime. Do not take when operating machinery or driving a vehicle.

ITEM: 5964.903 F: 3002619 L: 2008647-16277



NATROL®  
**Advanced Sleep  
Melatonin**  
10 mg

**Maximum Strength**

- Fall Asleep & Stay Asleep†
- Controlled Release
- Drug-Free†

**60 Tablets**  
**Dietary Supplement**



**Directions:** Take 1 tablet 20 minutes before bedtime.

**Supplement Facts**

**Serving Size:** 1 Tablet

<b>Amount Per Serving</b>		<b>%DV</b>
Vitamin B6 (as Pyridoxine HCl)	10 mg	500%
Calcium (from Dibasic Calcium Phosphate)	23 mg	2%
Melatonin	10 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** Cellulose, Dibasic Calcium Phosphate, Hypromellose, Magnesium Stearate, Stearic Acid, Silica, Methylcellulose, Glycerin.

**Manufactured by NATROL LLC**  
Chatsworth, CA 91311 • USA  
1-800-2-NATROL (800-262-8765)  
www.natrol.com • MADE IN USA

**NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Soybeans, Yeast, Corn, Artificial Colors or Flavors, Added Sugar or Preservatives**  
100% Vegetarian

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LOT/EXP: