

**USAGE:** Take 4 capsules per day with juice or water between meals or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Neuro Optimizer®** enhances brain metabolism and antioxidant protection safely and naturally, without the use of stimulants.\*

**Citicoline** (CDP-Choline) is an essential intermediate in the synthesis of phosphatidylcholine, a major constituent of the gray matter of brain tissue (30%).\* Citicoline promotes brain metabolism by enhancing the synthesis of acetylcholine.\*

**PS** (Phosphatidylserine) supports the brain's response to stress.\* The antioxidants **Acetyl-L-Carnitine**, **Alpha Lipoic Acid** and **Taurine** help protect neurons.\* Acetyl-L-Carnitine, Alpha Lipoic Acid, **Pantothenic Acid** and **L-Glutamine** support brain metabolism.\* Taurine aids in osmoregulation (maintenance of proper concentrations of ions) inside the cell.\*

**Keep out of the reach of children.**

**Store in a cool, dry place.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Cognizin<sup>®</sup>  
Citicoline

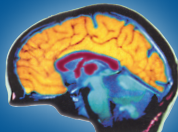
Cognizin<sup>®</sup> is a registered trademark of Kyowa Hakko Bio Co., Ltd.

Lot #. Best Used Before:

**Jarrow**  
FORMULAS<sup>®</sup>

# Neuro Optimizer<sup>®</sup>

Supports Brain Health  
and Function\*



120 DIETARY  
CAPSULES SUPPLEMENT

## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin B <sub>5</sub> (as Calcium D-Pantothenate)	10 mg	200%
Acetyl-L-Carnitine (from Acetyl-L-Carnitine Hydrochloride)	500 mg	†
L-Glutamine	500 mg	†
Taurine	500 mg	†
Cytidine 5'-Diphosphocholine (Cognizin <sup>®</sup> )	300 mg	†
Phosphatidylcholine	120 mg	†
Phosphatidylserine (PS)	100 mg	†
Alpha Lipoic Acid (Thioctic Acid)	50 mg	†

† Daily Value not established.

Other Ingredients: Silicon dioxide, soy lecithin, magnesium stearate (vegetable source) and cellulose. Capsule consists of bovine gelatin.

**Contains:** Soy.

No wheat, gluten, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Distributed Exclusively by:

**Jarrow FORMULAS<sup>®</sup>**

Superior Nutrition and Formulation<sup>SM</sup>  
Los Angeles, CA 90035-4317

[www.Jarrow.com](http://www.Jarrow.com)

(866) 459-4154

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FILL LINE