## Suggested Use: For aromatherapy

use. For all other uses, carefully dilute with a carrier oil such as ioioba, grapeseed, olive, or almond oil prior to use. Please consult an essential oil book or other professional reference source for suggested dilution ratios.

Natural essential oils are highly concentrated and should be used with care.

Caution: Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult your healthcare practitioner before using. Not for internal use.





100% pure lavender

Lavandula officinalis (spp.)

Net 4 fl. oz. (118 mL)

Ingredients: 100% pure lavender oil

Aroma: Floral.

Benefits: Soothing. normalizing, balancing.

## Headache Fase Blend:

Add 3 drops each of lavender oil, peppermint oil and

oil, peppermitt oil and chamomile oil to a diffuser and enjoy. Extraction Method: Steam Distilled from fresh flowering tops. Purity Tested/Quality Assured



Code 7561 V2

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