

Nutiva® nurtures vitality by conscious curating of the world's finest plant-based organic foods.

SIMPLY PURE

This creamy taste of the tropics is great for sautéing and baking, enhancing your favorite recipes, as well as body care. Savor the rich aroma and enticing light taste of this cold-pressed and unrefined oil. A pinch of salt reduces the coconut flavor in savory recipes.

ORGANIC

Made without pesticides, GMOs or hexane.

VERSATILE

Ideal as a medium heat cooking oil (up to 350°F) and delicious on bread, vegetables or popcorn. A nutritious substitute in baking, and great for skin care, hair care and massage.

Also try our organic Chocolate Hazelnut Spread, Plant Protein, Hemp, Chia and Red Palm products. For delicious recipes, visit nutiva.com.

1% OF SALES GO TO SUSTAINABLE AGRICULTURE \$4 MILLION+

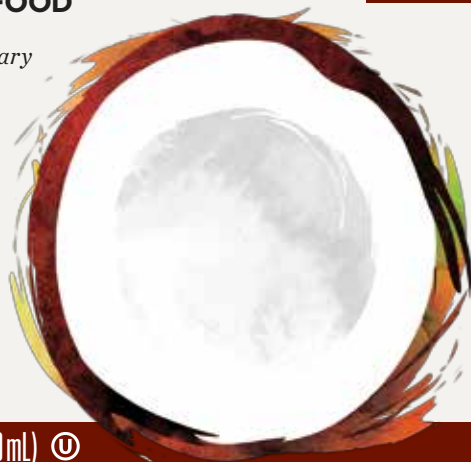
nutiva[®]
NURTURE VITALITY™

coconut oil

ORGANIC SUPERFOOD

Ideal culinary cooking oil

VIRGIN



Nutrition Facts

Serving Size: 1 Tbsp (15mL)
Servings Per Container About 45

Amount Per Serving	
Calories 130	Calories from Fat 130
% Daily Value*	

Total Fat 14g	22%
Saturated Fat 13g	65%
Trans Fat 0g	
Polyunsaturated Fat <0.5g	
Monounsaturated Fat <1g	

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Protein 0g

Not a significant source of dietary fiber, sugar, vitamin A, vitamin C, calcium or iron.

*Percent Daily Values are based on a 2,000-calorie diet.

INGREDIENTS: *ORGANIC, UNREFINED, COLD-PRESSED VIRGIN COCONUT OIL

BOTTLED IN A FACILITY THAT PACKS PEANUT OIL.

Certified



Corporation™



Vegan
Non-GMO
No Hexane
Non-Hydrogenated
0g Trans Fat
See nutrition information for fat content.

STORAGE

No refrigeration required; solid at room temperature and melts at 76°F.

NOTE: Any brown specks are natural to coconut.

MANUFACTURED FOR

Nutiva®
213 W. Cutting Blvd.
Richmond, CA 94804
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www.nutiva.com

CERTIFIED ORGANIC

by QAI and ECOCERT ICO (US-ORG-016)

***FAIR TRADE CERTIFIED™**

by Fair Trade USA

Product of the Philippines



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23 FL OZ (680 mL) ©

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